

[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]

# **Common Facilities for Women at ABMRCP**

## TABLE OF CONTENTS

SL. No.	Contents	Page No.
1.	Counselling of Students	2
2.	Safety & Security	4
3.	Health	10





[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]

#### **Counselling of Students:**

The Acharya Management has appointed a lady counsellor for the students, a factor particularly beneficial for the women in the Acharya group. She works from the student cell and is freely accessible throughout working hours. Each female student is assigned to a mentor for any needful interactions which will be taken care by the chief proctors (lady teachers). The details of female counsellor and chief proctors are provided in table. Some key benefits of counselling female students and teachers include:

- Listening and acknowledging emotional experiences and providing a sense of 'being heard.
- Providing a safe and non-judgmental space to express and manage emotions in a healthy way.
- Aiding the process of adapting and adjusting to the varying internal and external environments.
- Improving Intra and interpersonal relationships with family, faculty and peers.
- Encouragement to accept and appreciate the changed self and boost self-esteem.



[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]



#### **Details of Counsellor and Chief Proctors**



Name: Ms. Atheera

Ashokan

Designation: Counselling

Psychologist

Mobile number:

8971488619

Email ID:

atheera2585@acharya.ac.in



Name: Dr Ambujakshi HR

Designation: Associate

Professor

Mobile number:

9164611744

Email ID:

ambujakshi@acharya.ac.in



Name: Dr Joysa Ruby J

Designation: Assistant

Professor - Grade I

Mobile number:

8903865499

Email ID:

joysarubyj@acharya.ac.in

ACHARYA

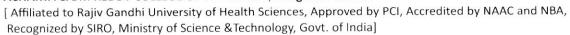
[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]

#### Safety & Security:

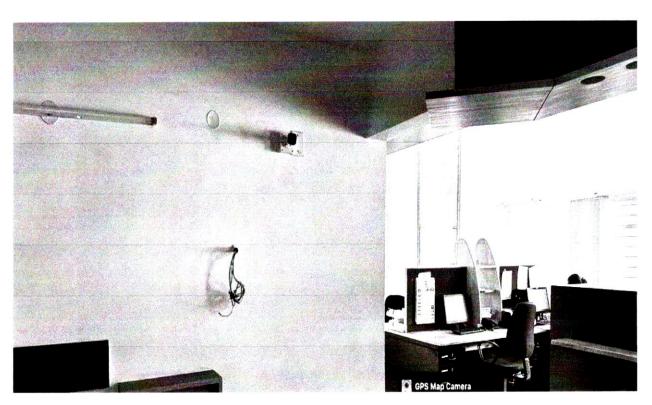
Ensuring the safety and security of students is of paramount importance for educational institutions. The campus is under CCTV surveillance 24 hours. There are in total 37 CCTV cameras throughout the college as shown in figure and table. There are 29 security guards (including 2 female guards) maintained by RighTrack security agency, as shown in figure, who can be approached immediately in case of untoward incidents. As mentioned above, WCC has an Anti- Sexual Harassment Cell to address issues of sexual harassment if any. There are a total of 18 fire extinguishers placed all over ABMRCP and a 'Fire Order' stated at the entrance of college for the awareness of the students. The list of fire extinguishers and related photos can be found in table and figure.

List of CCTV Cameras in ABMRCP

SL. No.	Facility	No. of CCTVs
1.	Office & Staff Room	3
2.	Ground Floor	7
3.	First Floor	7
4.	Second Floor	5
5.	Third Floor	10
6.	Library	5







**CCTV** in Office Room



**CCTV** in Classroom





**CCTV** at the College Entrance

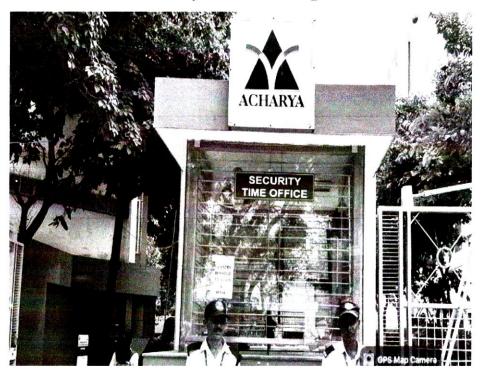


**CCTV** in Staff Room





Female Security Officer at College Entrance



Security at Campus Entrance



[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]

#### List of Fire Extinguishers in College

SL. No.	Facility	No. of Fire Extinguishers
1.	Office & Staff Room	2
2.	Ground Floor	3
3.	First Floor	4
4.	Second Floor	4
5.	Third Floor	3
6.	Library	2

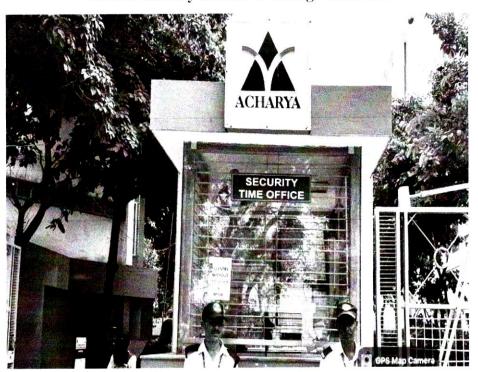
#### **ACTION BY SECURITY** 1.0:2=0 UPON RECEIPT OF INFORMATION THROUGH FIRE ALARM OR FIRE DETECTORS OR SPRINKLERS OR BY ANY OTHER A) ALERT THE SECURITY AT SEC SAFETY MEANS, BY ACTUATING MANUAL CALL A) ALERT THE OCCUPANTS BY USING PUBLIC ADDRESS AT STRATEGIC LOCATIONS. B) EVACUATE THE OCCUPANTS BY L FIRE EXITS AND EMERGENCYEXIT B) INFORM THE FIRE CONTROL ROOM THROUGH ANY ONE OF THE FOLLOWING PHONE ASSEMBLE AT VARIOUS ASSEMBLY NO.s: 101/22971500/22971550/22971600 C) IF POSSIBLE TRY TO EXTINGUISH THE PEENYA FIRE STATION NO: 080 - 22971545 USING PORTABLE EXTINGUISHER OR SOLADEVANAHALLI POLICE STATION NO :- 080 - 97277797 FROM NEAREST WET RISER. C) REFER EVACUATION PLAN FROM EVACUATINGSTANDARD D) BE CALM AND DO NOT GIVE ANY ROOM FOR PANIC. WALK, DO NOT RUN. D) GUIDE THE FIRE FORCE ON THEIR ARRIVAL TO THE E) IF YOU ENCOUNTER SERIOUS DIFFICULTY IN SEAT OF FIRE. EVACUATION, STAY IN YOUR OFFICE / FLAT / E) IN CASE OF CASUALITIES, CALL AMBULANCE BY ROOM AND TRY TO ATTRACT ATTENTION OF DIALLING NUMBER: 102/108 **RESCUE TEAM**

Fire Order in College

d NBA,



Female Security Officer at College Entrance



**Security at Campus Entrance** 





Fire Extinguisher in Laboratory

[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]



#### Health:

The health of staff and student is the utmost important things in the list of institutional infrastructure. There is total 9 common rooms as shown in table 7 and there is an availability of Clinic and ambulance for any unforeseen emergencies as shown in figure.

**List of Common Rooms** 

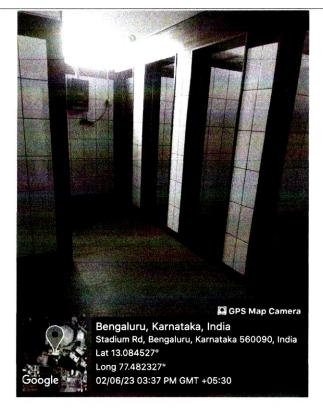
Sl. No.	Category	No. of Rooms
1.	Girls	4
2.	Boys	4
3.	Disabled friendly	2
4.	Total	9



**Disabled Friendly Toilet** 

[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]





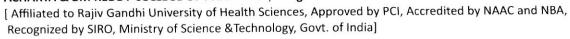
**Womens Toilet in First Floor** 

#### Sanitary Napkin Vending and Disposal Machine in women's rest rooms

Sanitary waste is maintained and handled through a Sanitary Napkin vending and disposal/incineration machines installed in all the women rest rooms in ABMRCP. Related photos are attached below.



Sanitary Napkin vending Machine





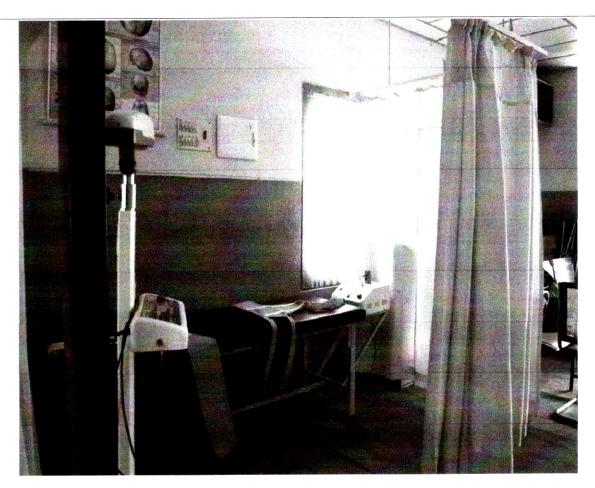


Sanitary Napkin Incinerator



**Ambulance in the Campus** 





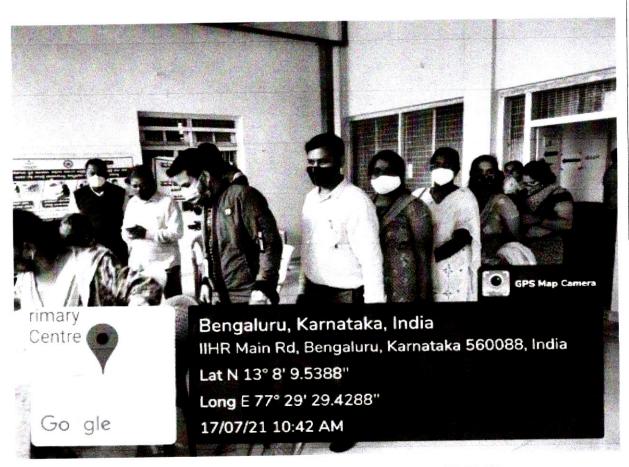
**Inside the Clinic** 



Clinic in the Campus

[ Affiliated to Rajiv Gandhi University of Health Sciences, Approved by PCI, Accredited by NAAC and NBA, Recognized by SIRO, Ministry of Science & Technology, Govt. of India]





Vaccination Drive Conducted for the Faculty of ABMRCP

PRINCIPAL
Acharya & BM Reddy College of Pharmacy
Bengaluru-560 107