



7.1.1 Measures initiated by the Institution for the promotion of gender equity and Institutional initiatives to celebrate / organize national and international commemorative days, events and festivals during the last five years

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Gender Equity Measures



Gender Equity Measures:

Acharya & BM Reddy College of Pharmacy (ABMRCP) has initiated various measures to promote gender equity through multiple activities, safety and security of female staff and students, health and safety of all the staff and students across the college, counselling rooms and female chief proctors for needful interactions, grievance redressal systems for tending all the students.

Women Cell Committee:

The Women Cell Committee (WCC) of ABMRCP was constituted with many objectives among which gender equity is one. Women Cell Committee constitution members are mentioned in table 1. Acharya Institutes has a zero-tolerance policy towards gender discrimination. The vision of a zero-tolerance policy on gender discrimination is to create a college where gender-based discrimination is not tolerated in any form. This policy approach aims to eliminate all forms of discrimination, bias, and prejudice based on gender, and to promote equal opportunities and rights for all individuals, irrespective of their gender. Accordingly, such a congenial atmosphere exists in ABMRCP for both faculty and students. The message of “NO GENDER DISCRIMINATION” is conveyed to every batch of students to reinforce the concepts of gender equality. The WCC is at the forefront of initiatives and activities related to women which are provided in pictures below and the photos representing the same are provided from figure 1 to figure 6. Gender equity programs aim to promote equal opportunities, rights, and treatment for individuals of all genders. These programs work to address gender-based disparities and create an inclusive and fair society. Gender equity initiatives conducted at ABMRCP are focused on:

- **Education and Awareness:** Raise awareness about gender stereotypes, biases, and the importance of gender equity. Provide educational programs, workshops, and training sessions to challenge societal norms, promote understanding, and foster empathy.
- **Policy Development and Advocacy:** Advocate for the development and implementation of policies that promote gender equity in various spheres, such as education, employment, healthcare, and social services. Work with policymakers and stakeholders to ensure the integration of gender equity principles into legal frameworks.
- **Equal Opportunities and Empowerment:** Promote equal access to education, employment, leadership positions, and economic opportunities for individuals of all genders. This includes initiatives that address barriers and discrimination faced by



marginalized genders, such as women, non-binary individuals, and transgender individuals.

- **Gender-Sensitive Practices and Tools:** Encourage organizations and institutions to adopt gender-sensitive practices and tools that promote equity. This can involve implementing gender-neutral hiring practices, promoting work-life balance, and addressing biases in performance evaluation and promotion processes.
- **Violence Prevention and Support Services:** Develop and support programs that address gender-based violence, including domestic violence, sexual assault, and harassment. This can include prevention campaigns, training for bystander intervention, and providing support services for survivors.
- **Engaging Men and Boys:** Recognize the importance of engaging men and boys as allies in achieving gender equity. Develop programs that challenge harmful masculinity norms, promote healthy relationships, and encourage active participation in promoting gender equality.
- **Intersectionality:** Recognize the intersecting identities and experiences of individuals and address the unique challenges faced by individuals who belong to multiple marginalized groups. Incorporate an intersectional lens into gender equity programs to ensure inclusivity and representation.
- **Evaluation and Monitoring:** Regularly evaluate and monitor the effectiveness and impact of gender equity programs. Collect feedback from participants and stakeholders to assess the outcomes, identify areas for improvement, and ensure accountability.

Constitution Members of Women Cell Committee

**Acharya & BM Reddy College of Pharmacy
Soldevanahalli, Bangalore-560107**

Women Cell Committee

Minutes of Meeting

Minutes of the Women Cell Committee meeting held on Saturday, August 12th, 2017, at ABMRCP near fish pond, Soladevanahalli, Hesaraghatta Main Road, Bangalore- 560107 at 2:00 p.m.

Agenda: Reconstitution of women cell committee.

Venue: Near Fish Pond

Time: 2:05 pm to 2:40 pm

Committee Members present:

Dr. Roopa Karki, Dr. Hemalatha K, Dr. B L R Madhavi, Dr. Rashmi P, Mrs. Priyanka Pamba, Mrs. Jithu Jerin James, Mrs. Pruthvi N, Dr. Joysa Ruby, Mrs. Radha, Dr. Anu Rajan, Mrs. Hemalatha Y R- Member Secretary.

Leave of absence:

Mrs. Ambujakshi H R, Dr. Sreena, Ms. Divya Mol E C.

Chairperson, Dr. Roopa Karki presided over the meeting.

1. Address by the Chairperson:

Chair Person welcomed all faculty members to the meeting.

- Reconstitution of women cell committee has been done.

2. Any other matter/ Future Activities :

- Discussion regarding two days trip in the month of October 2017. The further discussion regarding this will be finalized after consulting with Principal Sir.


Member Secretary


Chairperson


Principal

Principal
Acharya & BM Reddy College of Pharmacy
Bengaluru - 560 107

Acharya & BM Reddy College of Pharmacy
Soldevanahalli, Bangalore-560107

Ref: ABMR: 34: WCC: 2018-2019**16/01/2019**

According to Saksham Guidelines (UGC), Women Cell Committee (WCC) has been reconstituted on 16/01/2019 with following members.

1. Dr Roopa Karki	Chair Person
2. Dr. Hemalatha K	Co-Chair Person
3. Mrs Ambujaskshi HR	Member
4. Dr. Madhavi B L R	Member
5. Dr. Rashmi P	Member
6. Mrs Priyanka Pamba	Member
7. Mrs. Jithu Jerin James	Member
8. Dr. Joysa Ruby	Member
9. Mrs. Pruthvi N	Member
10. Mrs. Divya Mol E C	Member
11. Mrs. Radha	Member
12. Dr. Geetha Jayaprakash	Member
13. Dr. Malini M	Member
14. Mrs. Ekta Singh	Member
15. Mrs. Sheethal Kuriakose	Member
16. Dr. Harini Chowdhary Vadlamudi	Member
17. Ms. Nageena Taj	Member
18. Ms. Shreya Gudur	Member
19. Payal Pramanick	Member
20. Mrs Hemalatha Y R	Co-ordinator

The Terms of Reference of the Women Cell will be as under

(i) To analyse and assess the extent to which the existing arrangements for safety of women, both students and employees in particular, and youth in general, are adequate on the campuses of the institutions;

(ii) To identify shortcomings in the existing system and to suggest measures to put in place strong safeguards.

WOMEN CELL COMMITTEE

MINUTES OF MEETING

ACHARYA & BM REDDY COLLEGE OF PHARMACY, BENGALURU.



Date: 31/8/2019

Reference No. Women cell committee/2019-08/01

Agenda:

- Reconstitution of committee
- Member secretary and Chairperson selection
- Activities to be conducted

Venue: LH1

Time : 1.00 PM

Members present:

Sl. No	Name	Position/ Designation	Signature
1	Dr. B L R Madhavi	Chairperson	
2	Dr. Joysa Ruby	Member Secretary	
3	Dr. Geetha Jayaprakash	Member	
4	Dr. Ambujakshi HR	Member	
5	Dr. Harini	Member	
6	Mrs: Jithu Jerin James	Member	
7	Mrs. Pruthvi N	Member	
8	Ms. Payel P	Member	
9	Mrs. Nageena Taj	Member	
10	Ms. Ayesha	Member	
11	Mrs. Jnaneshwari	Member	

Members Absent: Dr. Divya Mol EC, Mrs Ekta Singh, Mrs. Lakshamma, Dr. Hemalatha K, Dr Rashmi, Dr Vaishnavi, Dr Sheetal, Dr Malini, Mrs Padma

Agenda	Action taken
Reconstitution of committee	All women staff – teaching and administrative, are members of the women cell committee by default
Member secretary and Chairperson selection	Dr Joysa Ruby Joseph and Dr Madhavi nominated themselves for member secretary and Chairperson for the committee. The members present approved. This information will be shared with the members who were absent.

WOMEN CELL COMMITTEE
MINUTES OF MEETING
ACHARYA & BM REDDY COLLEGE OF PHARMACY
BENGALURU-107













Date : 21/11/2020
Time : 3.45PM - 4.45PM
Venue : LH1

Ref.No: WCC/2020-11/01

Agenda:

1. Reconstitution of committee
2. Any other topic for discussion

Members present:

Sl. No	Name	Position/ Designation	Signature
1	Dr. Purnima Ashok, ,	Principal	
2	DrMadhavi BLR,	Chairperson	
3	DrAmbujakshi,	Member	
4	DrRashmi,	Member	
5	DrHemalatha K,	Member	
6	Prof Priyanka,	Member	
7	Prof. NageenaTaj,	Member	
8	Prof. Ekta Singh	Member	
9	Ms Lakshmamma,	Member	
10	Ms Ayesha,	Member	
11	Ms. Padma.	Member	

Members Absent:DrJoysa Ruby J, DrGeetaJayaprakash, DrHariniChowdary, Prof JithuJerin James, Prof PayelPramanick, Prof Gayatri, Dr. Divya Mole, Dr. Vaishnavi, DrSheetaKuriakose, DrMaliniMuralidharan, MsPushpalatha

Discussion Summary:

Sl.No	Action/Discussion Points	Responsibility	Timeline
1	Action taken All women staff – teaching and administrative, are members of the women cell committee by default and new staff are nominated as members for 2020 -21.	DrMadhavi	January 2021

WOMEN CELL COMMITTEE
MINUTES OF MEETING
ACHARYA & BM REDDY COLLEGE OF PHARMACY
BENGALURU-107



Date : 12/02/2022

Ref.No: WCC/2022-

02/01




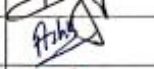


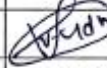
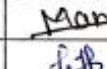
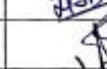



Time : 3.00 PM

Venue : LH5

Agenda:

1. Meeting for teaching faculty.
2. Welcoming new members
3. Organization of International Women's Day
4. Any other matter

Members present:

Sl. No	Name	Position/ Designation	Signature
1	Dr. BLR Madhavi	Chairperson	
2	Dr Ambujakshi HR	Member	
3	Dr. K. Hemalatha	Member	
4	Ms. Payel Pramanick	Member	
5	Mrs. Ashly Merin George	Member	
6	Mrs. Ekta Singh	Member	
7	Mrs Tisa Francis	Member	
8	Mrs Nageena Taj	Member	
9	Mrs Gayathri S V	Member	
10	Mrs Manisha Singh	Member	
11	Ms Lita Susan Thomas	Member	
12	Ms. Moumita Banerjee	Member	
13	Mrs Yashaswini	Member	

Members Absent: Dr. J. Joysa Ruby, Dr Geetha Jayaprakash, Dr. Divya Mol E C, Dr. Vaishnavi Prasannan, Mrs Chaitra D, Mrs Krishnaveni R

Discussion Summary:

S. No	Action/Discussion Points	Responsibility	Timeline
1	Newly joined women staff members were welcomed by Dr Madhavi and briefed about the committee.	-----	-----
2	International Women's Day (IWD) event organization :	5 th March 2022 11 am till 2.00 pm, Main auditorium.	18/2/2022


Principal
Acharya & BM Reddy College of Pharmacy
Bengaluru - 560 107

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**WOMEN'S CELL
ACHARYA & BM REDDY COLLEGE OF PHARMACY
BENGALURU-107**



MEMBERS LIST & ACTION PLAN 2022-23

Ref: ABMR: 35: WC: 2022-2023

Date: 27.06.2022 ^{07/06}

Further to the meeting held on 03.06.2022 and advice from the principal regarding the number of members in the committee, an email was sent on 14th June 2022 for reconstitution. Interested women faculty have responded to be members in the committee. The Women's Cell (WC) has been reconstituted for 2022-23 with the following members

Members – Women's Cell, ABMRCP

S no.	Name	Designation	Position	Signature
1	Dr B L R Madhavi	Asst. Professor	Coordinator	
2	Dr J Joysa Ruby	Asst. Professor	Secretary	
3	Dr Ambujakshi H R	Asst. Professor	Member	
4	Dr Hemalatha K	Asst. Professor	Member	
5	Dr Vaishnavi Prasannan	Asst. Professor	Member	
6	Mrs Lakshamma	Librarian	Member	
7	Ms Sima Kumari	Student B Pharm VIsem	Member	
8	Ms Sakthi	Student Pharm D II year	Member	


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 Bengaluru - 560 107

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**Activities Conducted by WCC & ASHC Towards Gender Equity, Gender Sensitization
and Promote Women Safety in Past Five Years:**

Sl. NO.	Name/Title of the Activity	Date of Activity
1.	Sexual harassment awareness – poster presentation	31/05/2022
2.	Wellness hour May 2022	30/05/2022
3.	World Earth Day Celebration: E quiz and Plantation program	25/04/2022
4.	Wellness hour April 2022	23/04/2022
5.	Awareness on ASHC of ABMRCP	26/03/2022 to 30/03/2022
6.	Gender sensitization : Interactive session on gender stereotyping	05/03/2022
7.	Why invest in Girl's Education poster presentation	05/03/2022
8.	International Women's Day Celebrations	05/03/2022
9.	Yoga – find focus : poster presentation	26/02/2022
10.	Guest lecture on Work life balance and stress management	24/12/2021
11.	Panel discussion on gender sensitization	24/12/2021
12.	Breathing exercises for well being	24/12/2021
13.	Webinar on mind health and stress management for World mental health day 2021	11/12/2021
14.	World Mental Health Day 2021	23/10/2021
15.	Poshan Maah September 2021 - Yoga at Workplace	04/09/2021
16.	World Organ Donation Day 2021. E-Poster competition "Awareness on organ donation".	13/08/2021
17.	International Yoga Day 2021 – webinar	21/06/2021
18.	Webinar on Women's Healthcare BREAST CANCER AWARENESS FOR WOMEN OF REPRODUCTIVE AGE	08/03/2021

	Webinar on occasion of International Women's Day Speaker: Dr Kankana Rana, MBBS DNB (General Surgery), General Surgeon and Breast Consultant, Peerless Hospital and B K Roy, Research Centre, Kolkata	
19.	Breast cancer Screening Program, International Women's Day 2021 Resource Person: Dr. Divya along Prakriya Super Speciality Hospitals	06/03/2021
20.	International Women's day 2021 <ul style="list-style-type: none"> • Extemporaneous speech - A topic "Women in Leadership- Achieving an equal future in Covid-19 World" • Hairstyling • Memory Test • Fashion show 	05/03/2021
21.	Gender Sensitization Topic "Women Empowerment and Gender Equality" Event: Poster competition	05/03/2021
22.	Webinar on Women's Healthcare' Topic: Girl/ Woman: Health and Stigma Speaker : Dr. Deepthi Konala	09/01/2021
23.	National Pharmacy Week 2020 - E PPT contest, Topic : Pharmacist – Frontline Health Professionals	28/11/2020
24.	Three days National Webinar Day -1: Protecting your inventions by patents. Speaker- Mr. Suresh Gupta, Founder and Managing Attorney, SPS Associates, Bengaluru. Day - 2: Secrets for securing a research grant. Speaker- Dr. N. M. Raghavendra, Professor, Dept. of Pharmaceutical Chemistry, ABMRCP, Bengaluru. Day -3 :Overview of medical devices. Speaker- Mr. LakshmikantKammar, Founder and CEO, Chiraag Engineering & Technology, Bengaluru.	08/10/2020 to 10/10/2020



25.	‘Two Days National Webinar on Transforming global health’ Day – 1: Pathway to vaccine trials. Speaker Mrs. Neerja S , GM QA, Clinsync CRO, Hyderabad Day – 2: Nutraceuticals – the road ahead. Speaker Dr ParanjothyKanni, Nutraceuticals Consultant, Bengaluru.	24/09/2020 to 25/09/2020
26.	International Women’s Day Celebration	07/03/2020
27.	Meet the Personality – A gender sensitization initiative	07/03/2020
28.	Self defence tips for women	07/12/2019
29.	National pharmacy week- Rangoli contest	20/11/2018
30.	Poster design contest on anti-sexual harassment	14/09/2018
31.	Women Entrepreneurship conclave	3/09/2018 4/09/2018
32.	Essay writing on Gender sensitization	11/03/2018
33.	International Women’s Day – Guest lecture	08/03/2018
34.	International Women’s Day – poster presentation	08/03/2018
35.	Group discussion on Gender sensitization	08/03/2018
36.	National Pharmacy week – Rangoli contest	23/11/2017
37.	Poster design contest on antisexual harassment	25/08/2017

WELLNESS HOUR FOR FEMALE STAFF

Women's Wellness Hours play a crucial role in promoting the overall well-being of women by providing dedicated time, resources, and support for their unique health needs. By prioritizing women's wellness, we empower women to take control of their health, build a strong support network, and thrive in all aspects of their lives. A female teaching and non-teaching staff wellness hour is conducted every two months by WCC to ensure their well-being and health. Different programs such as Yoga, Meditation, aerobics, and regular health check-ups are conducted to improve the physical and mental health of female staff of ABMRCP.



Wellness Hour – Female Staff Health Check at ABMRCP

WORLD EARTH DAY CELEBRATION: E QUIZ AND PLANTATION PROGRAM

World Earth Day, observed on April 22nd each year, is a global event dedicated to raising awareness and taking action on environmental issues. It serves as a reminder for individuals, communities, and organizations to engage in activities that promote sustainability, conservation, and the protection of the Earth's natural resources. By organizing an e-quiz, you can encourage participants to learn and explore different aspects of environmental sustainability. This can include topics such as climate change, biodiversity, renewable energy, waste management, and sustainable practices. E-quizzes can be conducted online, making it accessible to a wider audience and allowing participants to participate from anywhere. In addition to the e-quiz, the plantation program demonstrates a commitment to environmental stewardship. Planting trees and other vegetation helps combat deforestation, reduce carbon dioxide levels, and provide habitats for wildlife. It also contributes to improving air quality, conserving water, and preventing soil erosion.



Plantation Program for World Earth Day

GENDER SENSITIZATION: INTERACTIVE SESSION ON GENDER STEREOTYPING

About 400 students (boys & girls) of all programs of Acharya & BM Reddy College of pharmacy attend the talk on the topic “Gender stereotypes in modern age” conducted by WCC at ABMRCP auditorium on 5th March 2022. The chief guest, Ms. Deepti M pandit, highlighted about the Descriptive and Prescriptive gender stereotypes and effects of gender stereotypes on career and profession on mental health. Finally, she concluded her talk about the Breaking of Gender stereotypes. The students and faculty actively participated in the task.



Gender Sensitization: Interactive Session on Gender Stereotyping

WHY INVEST IN GIRL'S EDUCATION POSTER PRESENTATION

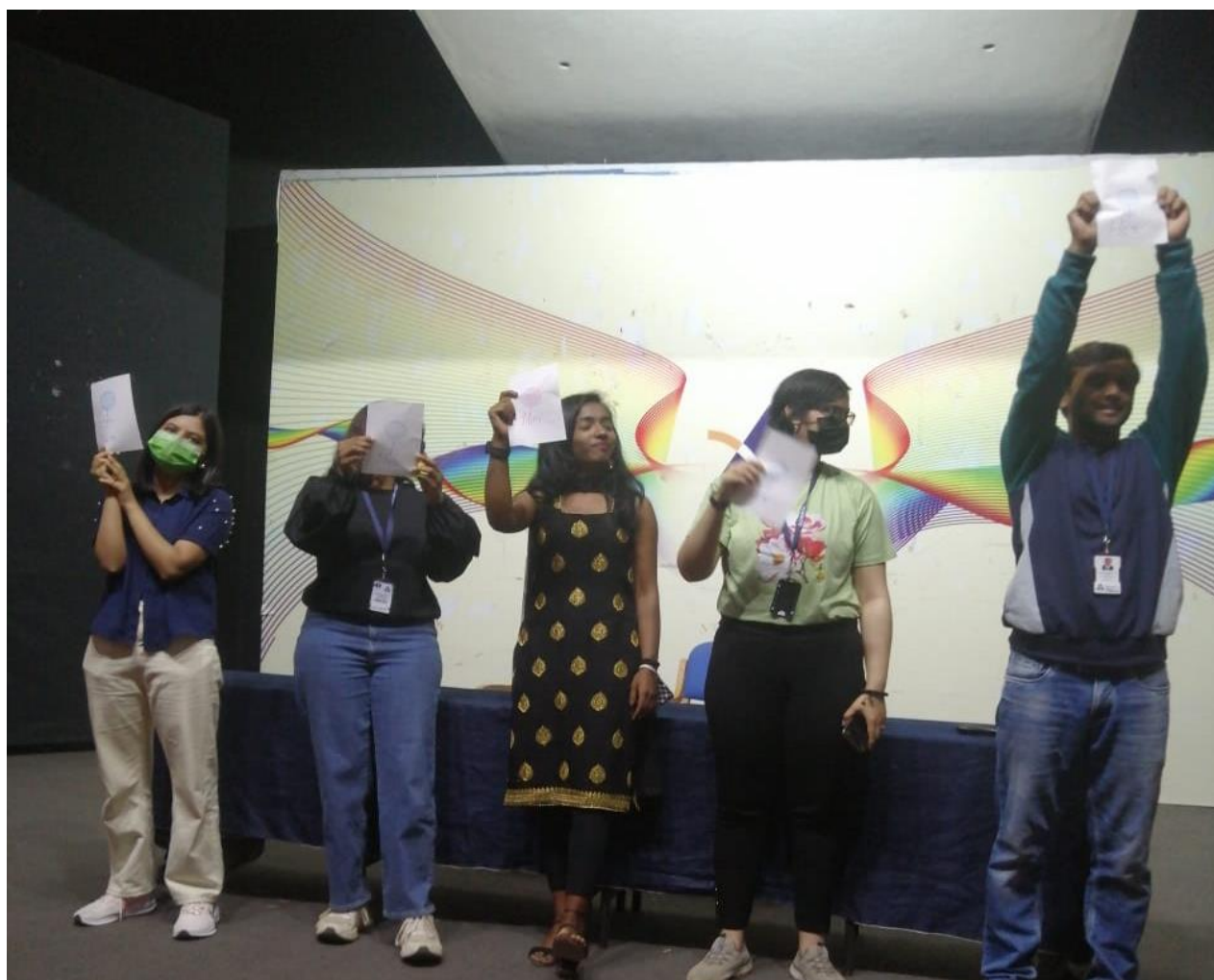
The event conducted on “Why invest in Girl's Education poster presentation” at ABMRCP was attended by 24 students. The education of girls has a profound impact on individuals, communities, and societies. By investing in girl's education, we are not only empowering girls themselves but also promoting social and economic development. This poster presentation conducted by WCC at ABMRCP. Let's delve into the reasons why investing in girl's education is crucial. Investing in girl's education is an investment in a brighter future for individuals, communities, and nations. By providing girls with quality education, we empower them to reach their full potential, contribute to society, and become agents of positive change. Let us recognize the immense benefits of investing in girl's education and work together to ensure equal educational opportunities for all girls worldwide. Remember, when you invest in a girl's education, you invest in the progress of humanity.



Why Invest in Girl's Education - Student Poster Presentation

INTERNATIONAL WOMEN'S DAY CELEBRATIONS

Women's Cell, ABMRCP celebrated the IWD 2022 on a large scale with various activities for all the students and women employees. The events were organized on the 5 of March 2022 due to other preoccupations scheduled for the 8 of March. On Stage events and off stage events were conducted from 10 am till 4:30 pm. The events included off and on stage events. On-stage events were Dancing. Singing. Musical chairs. Games - whispering, bottle flip, thread and needle, tongue twister and Ramp walk. Off stage events conducted were Treasure hunt, Mehendi, Hairstyling. Vegetable carving. For the women house-keeping staff games were conducted musical chairs, bucket ball, blindfold and ek minute.



Students Celebrating International Women's Day

PANEL DISCUSSION ON GENDER SENSITIZATION

As part of the IQAC initiative on gender sensitization, PANEL DISCUSSION was organized by the Women Cell Committee, Acharya & BM Reddy College of Pharmacy for all the staff and students of ABMRCP. Interested participants were informed to register either as panel members, moderators or as audience. The link given here was shared <https://forms.gle/ttACKZFbFqpZdwa>

A panel member had to choose any one or two roles of woman girl and discuss if they are respected or not in that role and what may be done to enhance respect. Suggested roles include Mother Sister/ Daughter/Sister in law/ Girlfriend/ Wife/ Daughter in law/ Community Pharmacist Production chemist/Clinical Pharmacist / Pharmacy academician/ Quality Assurance and Control personnel/ Pharmacovigilance executive/ any other pharmacy role/ girl student/woman Employee/ Sports person/ Entrepreneur / team member in curricular activities in college/ project member/team lead/ Higher authorities in organizations/ home maker/Miscellaneous occupations.



Gender Discrimination Panel Discussion

BREAST CANCER AWARENESS FOR WOMEN OF REPRODUCTIVE AGE

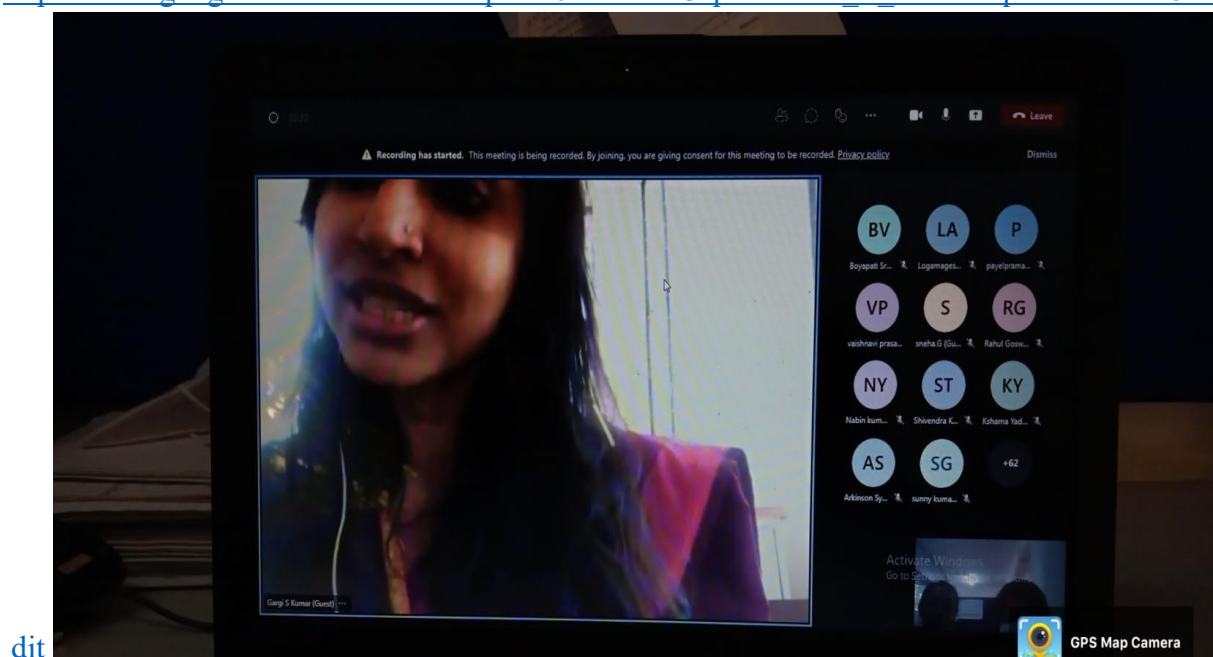
On the occasion of International Women's Day 2021, various events were organized in ABMRCP premises on 5th March 2021 from 3-5 PM. Events organized included. Extemporaneous speech - A topic "Women in Leadership- Achieving an equal future in Covid-19 World" Hairstyling Memory Test Fashion show. In continuation to this, a webinar was conducted on the topic Breast Cancer Awareness for Women of Reproductive Age by Women Cell Committee Acharya & BM Reddy College of Pharmacy Dr. Kankana Rana has been delivering the presentation on awareness of breast cancer for women of reproductive age. She highlighted the outcomes and result of early diagnosis and various treatments for the same. In her talk she also stated the breast cancer screening guidelines followed by risk factors of breast cancer. Dr Ambujakshi HR proposed the vote of thanks. She thanked the speaker and all the participants.

Registration Link:

https://docs.google.com/forms/d/14Ud756sTOEi7EKyZa7sYFS_PHE3qhQ5k-EJJI-BZVfl/edit

Feedback Link:

https://docs.google.com/forms/d/1rNqRDu0zZksS2L3JpAcesUtS_Z_RD41XqCYAOoEkw6w/e



Webinar on Breast Cancer Awareness

BREAST CANCER SCREENING PROGRAM

A breast cancer screening program was organized on the occasion of International Women's Day by Women Cell Committee of Acharya & BM Reddy College of Pharmacy in association with Prakriya Hospital, NSS-ABMRCP and IPA Peenya Branch. The program was hosted in Achaya's NR Institute of Physiotherapy. The program coordinators were Mrs. Jithu Jerin James & Dr Madhavi BLR. Dr. Divya along with her nurse Ms. Meghana from Prakriya Super Speciality Hospitals screened the women manually as well as instructed women about the symptoms of breast cancer. 66 women were screened. Participants were from various departments like ABMRCP, Allied Health Sciences, Architecture etc. and included faculty and housekeeping staff. The age group ranged from 24-58yrs. One woman was identified for risk and was suggested for further consultation. After the camp, Dr. Divya was presented a memento as a token of appreciation. The Coordinators expressed their gratitude to Dr Divya, Ms Meghana, Mr. Deepak R and Mr. Dinakar Shetty from Prakriya hospital, Mr. Haribabu from ABMRCP. Dr Mallikarjunaiah.H.S-Principal Acharya's NR Institute of Physiotherapy, all the student volunteers and the participants of the screening camp.



Breast Cancer Screening Program

WEBINAR ON WOMEN'S HEALTHCARE - GIRL/ WOMAN: HEALTH AND STIGMA

A webinar has been organized on the topic 'Girl/ Woman: Health and Stigma' organized by Women Cell Committee Acharya & BM Reddy College of Pharmacy in association with Association of Pharmaceutical Teachers of India. The webinar was hosted on Google Meet 105 delegates registered for the webinar. 40 members have attended from their personal devices. While some others viewed through shared devices. The program convenor and moderator was Dr Madhavi BLR. The session began at 3.00 pm. All the participants were welcomed. Mrs Nageena Taj introduced the speaker which was followed by the scientific session. Dr Deepti has been very meticulous in making and delivering the presentation covering the stigmatic health issues faced by girls and women. She has put in sincere efforts to concise a vast area of health incidences into a very simple and absorbable form. She focussed on the mistakes that girls in the student age of 15-25 make and cautioned about being watchful. She highlighted about the symptoms to look for and affirmed that one should not delay in taking corrective measures. The areas discussed include anaemia, heavy menstrual bleeding, erratic menstrual bleeding, anorexia nervosa, PCOS, thyroid conditions, breast cancers, cervical cancer. Unwanted pregnancies, methods of contraception, complications that arise have been gently discussed. After the presentation, queries posted in the chat box were addressed by the speaker.



Webinar on Women's Healthcare

SELF DEFENCE TIPS FOR WOMEN

As per the responsibilities indicated for the Women cell committee (WCC) activities at ABMRCP, one of the priority in the action plan is to provide mentorship in college where faculty and students can approach in matters of gender-related issues. As per the meeting conducted on 31/08/2019 and the action plan, Women Cell Committee of ABMRCP advocated the promotion of measures to curb sexual harassment. As part of the agenda for the meeting held on 31/08/2019 about allotment of responsibilities and conduct of activities, a meeting was initially held about self defence tips activity on 12 2019. The meeting was followed by demonstration and practice session for the self defence methods.



Female Faculty Practising Self-Defence



Anti-Sexual Harassment Cell



Anti-Sexual Harassment Cell (ASHC):

Alongside WCC, Anti-Sexual Harassment Cell (ASHC) of ABMRCP works towards addressing and preventing sexual harassment among students, faculty, and staff. The objectives of the committee are:

- **Awareness and Education:** Raise awareness among college community members about what constitutes sexual harassment, its impact on individuals, and the importance of maintaining a safe and respectful campus environment. Provide education and training programs to promote understanding, sensitivity, and prevention of sexual harassment.
- **Policy Development and Implementation:** Develop and review college policies and procedures related to sexual harassment, ensuring they are comprehensive, clear, and aligned with applicable laws and regulations. Implement and disseminate these policies effectively to all members of the college community.
- **Prevention Programs:** Develop and implement proactive prevention programs, campaigns, and initiatives to address the root causes of sexual harassment and foster a culture of respect, consent, and gender equity. These programs may include workshops, guest speakers, events, and campaigns aimed at changing attitudes, behaviors, and social norms.
- **Reporting and Response Mechanisms:** Establish clear and confidential reporting mechanisms for incidents of sexual harassment, ensuring that individuals feel safe and supported when coming forward. Develop appropriate procedures for the prompt and thorough investigation of reported incidents and ensure that victims and witnesses are treated with respect and sensitivity.
- **Support Services:** Provide access to confidential support services for individuals who have experienced sexual harassment. This may include counseling, advocacy, and referrals to external resources. Ensure that students and staff are aware of the available support and know how to access it.
- **Collaboration and Coordination:** Collaborate with other relevant college departments, such as student affairs, human resources, and legal counsel, to ensure a coordinated response to sexual harassment incidents. Work closely with campus security or law enforcement agencies, if necessary, to ensure the safety and well-being of the college community.



The constitution of ASHC is provided in the pictures below. ASHC works along with WCC and Grievance redressal systems to provide the best care and safety to the female students and employees of ABMRCP.

Constitution Members of ASHC

ANTI - SEXUAL HARASSMENT CELL
MINUTES OF MEETING
ACHARYA & BM REDDY COLLEGE OF PHARMACY
BENGALURU-107



Date : 30/12/2021
Time : 4.15PM
Venue : LHI

Ref.No: ASHC/2021-12/02

Anti-Sexual Harassment Cell

Objectives

The Women Cell Committee (WCC) of ABMRCP is responsible for looking into the overall welfare of the girl students and women employees. The Anti-Sexual Harassment Cell (ASHC) has been constituted as a subcommittee of the WCC to address issues pertaining to prevention, prohibition, and redressal of sexual harassment issues.

Members

The Anti-Sexual Harassment Cell (ASHC) of ABMRCP has been constituted on 29th December 2021 with the following members.

Sno.	Name	Position/ designation
1.	Dr Amit Kumar Das	Chair person
2.	Dr BLR Madhavi	Coordinator
3.	Ms Amshumali	Legal advisor
4.	Dr Hemalatha K	Member-Teaching staff, ABMRCP
5.	Dr J Joysa Ruby	Member-Teaching staff, ABMRCP
6.	Dr Divya Mole C	Member-Teaching staff, ABMRCP
7.	Mrs Jnaneshwari S	Member - Administrative staff ABMRCP
8.	Ms Deepthi M Pandit	External member, Student Counselor
9.	Ms Rakasmita Pal	Member – Student, II sem B. Pharm
10.	Ms Pritha Bal	Member – Student, IV sem B. Pharm
11.	Ms Tisha Khandelwal	Member – Student, I Pharm D
12.	Ms. Christina Mariam Varghese	Member – Student, IV Pharm D
13.	Ms. Ragini	Member – Student, M Pharm
14.	Dr Uday Raj Sharma	Member – Teaching staff ABMRCP
15.	Dr Gurubasavaraj Swamy	Member – Teaching staff ABMRCP

Roles and responsibilities of ASHC

1. To create awareness among women and girls about prevention and prohibition of sexual harassment.
2. To provide legal information related to issues of sexual harassment.

ANTI -SEXUAL HARASSMENT CELL

**MINUTES OF MEETING
ACHARYA & BM REDDY COLLEGE OF PHARMACY
BENGALURU-107**



Date : 03/06/2022

Time : 3.00 PM

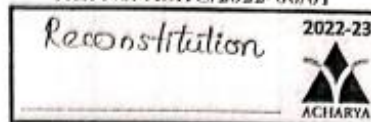
Venue : LH5

Agenda

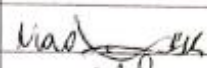
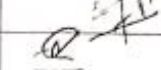
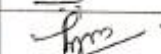

Meeting for ASHC - ABMRCP members

1. Discuss about committee activities 2022-23

Ref. No: ASHC/2022-06/01



Members present:

S. No	Name	Position/ Designation	Signature
1.	Dr BLR Madhavi	Coordinator	
2.	Dr Gurubasavarj Swamy	Member-Teaching staff, ABMRCP	
3.	Dr Uday Raj Sharma	Member-Teaching staff, ABMRCP	
4.	Dr J Joysa Ruby	Member-Teaching staff, ABMRCP	

Members Absent: Dr Amit Kumar Das, Dr Hemalatha K

Discussion Summary:

Sl. No	Action/Discussion Points	Responsibility	Timeline
1	The committee has been reconstituted since Dr Divya Mol EC has resigned and Mrs Jnaneswari is on leave. Members list to be updated for the same and for student members as well.	Dr Madhavi	30/08/2022
2	All the ASHC members will meet in case of receipts of complaints. ABMRCP members of ASHC will meet quarterly regarding complaint status. Student members will be summoned if need be for the ASHC meetings.	NA	NA
3	WC will execute activities towards awareness of prevention/ redressal of sexual harassment. Complaint redressal will be the responsibility of the ASHC.	NA	NA
4	No grievances received from previous meeting till date.	NA	NA


Signature of the Coordinator


Signature of the Principal
Principal
Acharya & BM Reddy College of Pharmacy
Bengaluru - 560107

AWARENESS AGAINST SEXUAL HARASSMENT AWARENESS

The purpose of this poster presentation conducted by WCC in ABMRCP on 31st May 2022 is to raise awareness about sexual harassment, an important issue that affects individuals in various settings, including workplaces, schools, and public spaces. By educating students about sexual harassment, we can empower them to recognize, prevent, and respond effectively to such incidents. This presentation aims to highlight key information, statistics, and strategies to foster a safe and respectful environment for everyone. By promoting sexual harassment awareness, we can contribute to the creation of a educational institute where all the students are treated with dignity and respect. Together, we can build supportive environments that empower victims, hold perpetrators accountable, and foster a culture of equality and safety for all.



Students Presenting Posters on Awareness Against Sexual Harassment

AWARENESS ON ASHC OF ABMRCP

The student members of WC and ASHC have been informed to percolate among all the students of various pharmacy programs about ASHC. IV Pharm D, MPharm I and II years, I B Pharm and II Pharmd D Classes have been informed. Due to on-going remedial classes and exams then, gathering all the students could not be accommodated. Thus the interaction was carried during the last week of March 2022 at convenient hours. In view of intending to fulfil interaction with all the classes, the report preparation has been delayed. Since the interaction with all the classes could not be done till date, it will be taken up during the upcoming academic year.



Awareness on ASHC of ABMRCP



Counselling of Students



Counselling of Students:

The Acharya Management has appointed a lady counsellor for the students, a factor particularly beneficial for the women in the Acharya group. She works from the student cell and is freely accessible throughout working hours. Each female student is assigned to a mentor for any needful interactions which will be taken care by the chief proctors (lady teachers). The details of female counsellor and chief proctors are provided in table below. Some key benefits of counselling female students and teachers include:

- Listening and acknowledging emotional experiences and providing a sense of ‘being heard.
- Providing a safe and non-judgmental space to express and manage emotions in a healthy way.
- Aiding the process of adapting and adjusting to the varying internal and external environments.
- Improving Intra and interpersonal relationships with family, faculty and peers.
- Encouragement to accept and appreciate the changed self and boost self-esteem.

Details of Counsellor and Chief Proctors

	<p>Name: Ms. Atheera Ashokan Designation: Counselling Psychologist Mobile number: 8971488619 Email ID: atheera2585@acharya.ac.in</p>
	<p>Name: Dr Ambujakshi HR Designation: Associate Professor Mobile number: 9164611744 Email ID: ambujakshi@acharya.ac.in</p>
	<p>Name: Dr Joysa Ruby J Designation: Assistant Professor - Grade I Mobile number: 8903865499 Email ID: joysarubyj@acharya.ac.in</p>



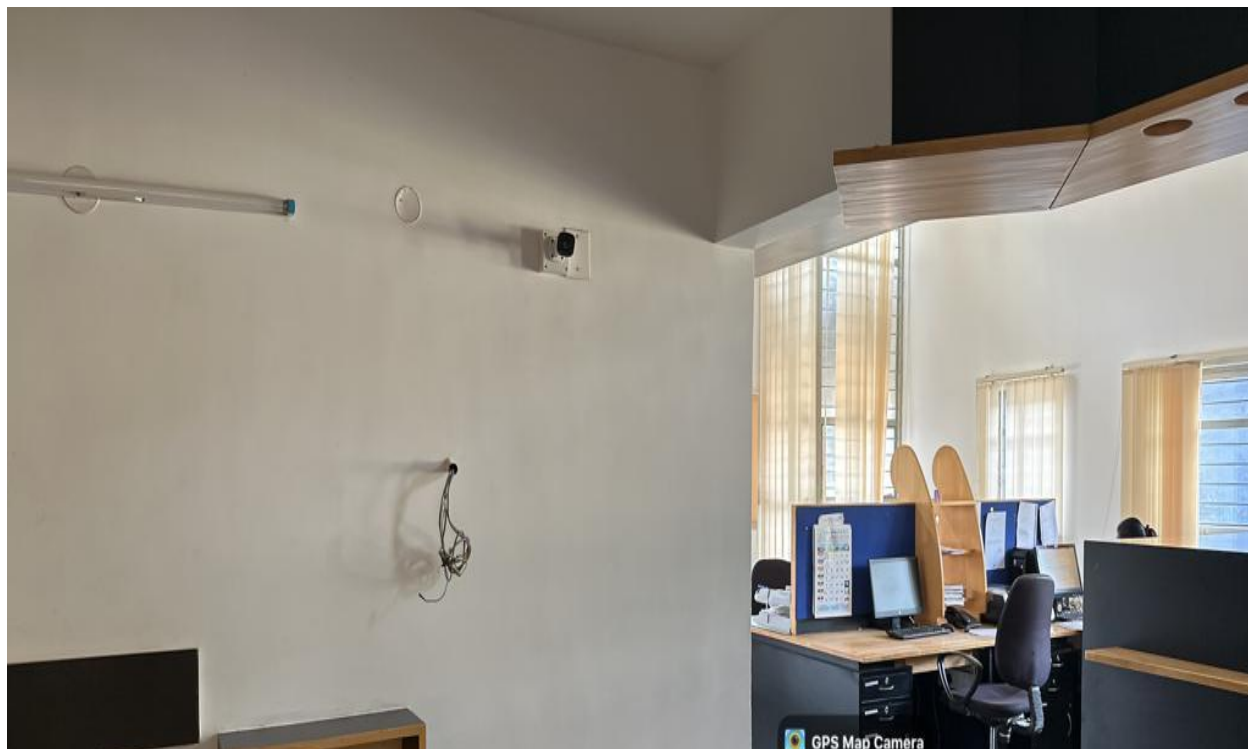
Safety & Security

Safety & Security:

Ensuring the safety and security of students is of paramount importance for educational institutions. The campus is under CCTV surveillance 24 hours. There are in total 37 CCTV cameras throughout the college as shown in figure 7 – 12 and table below. There are 29 security guards (including 2 female guards) maintained by RighTrack security agency, as shown in figure 13 & 14, who can be approached immediately in case of untoward incidents. As mentioned above, WCC has an Anti- Sexual Harassment Cell to address issues of sexual harassment if any. There are a total of 18 fire extinguishers placed all over ABMRCP and a ‘Fire Order’ stated at the entrance of college for the awareness of the students. The list of fire extinguishers and related photos can be found in table below and figure 15 – 19.

List of CCTV Cameras in ABMRCP

SL. No.	Facility	No. of CCTVs
1.	Office & Staff Room	3
2.	Ground Floor	7
3.	First Floor	7
4.	Second Floor	5
5.	Third Floor	10
6.	Library	5



CCTV in Office Room



CCTV in Classroom



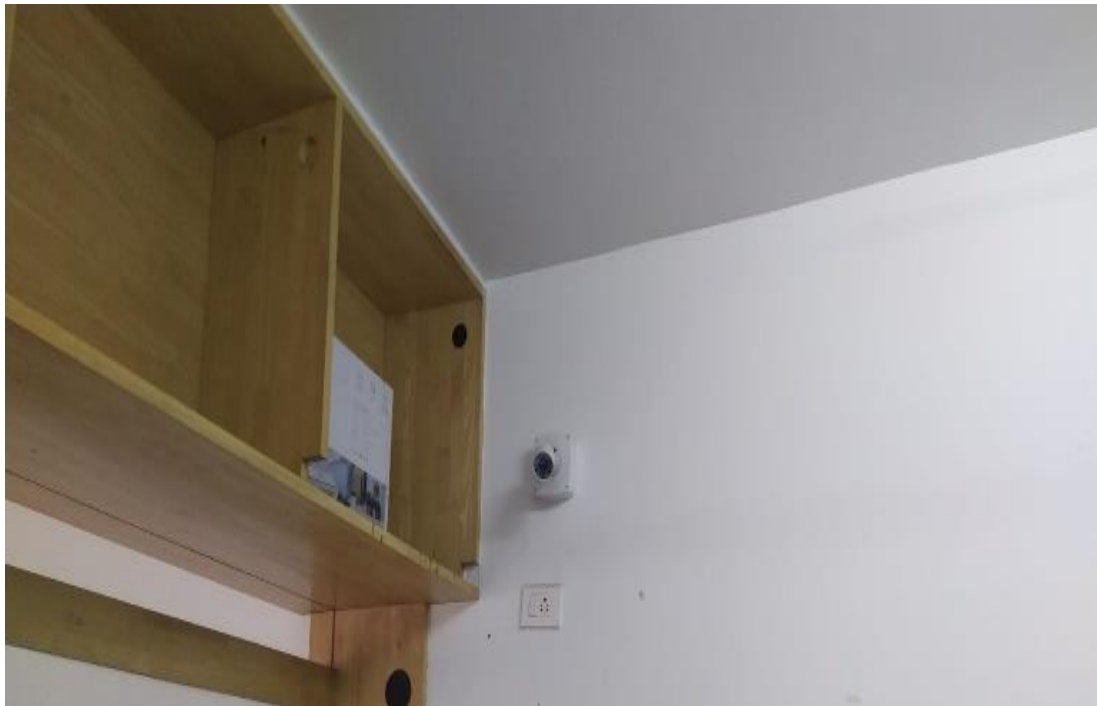
CCTV Outside Library



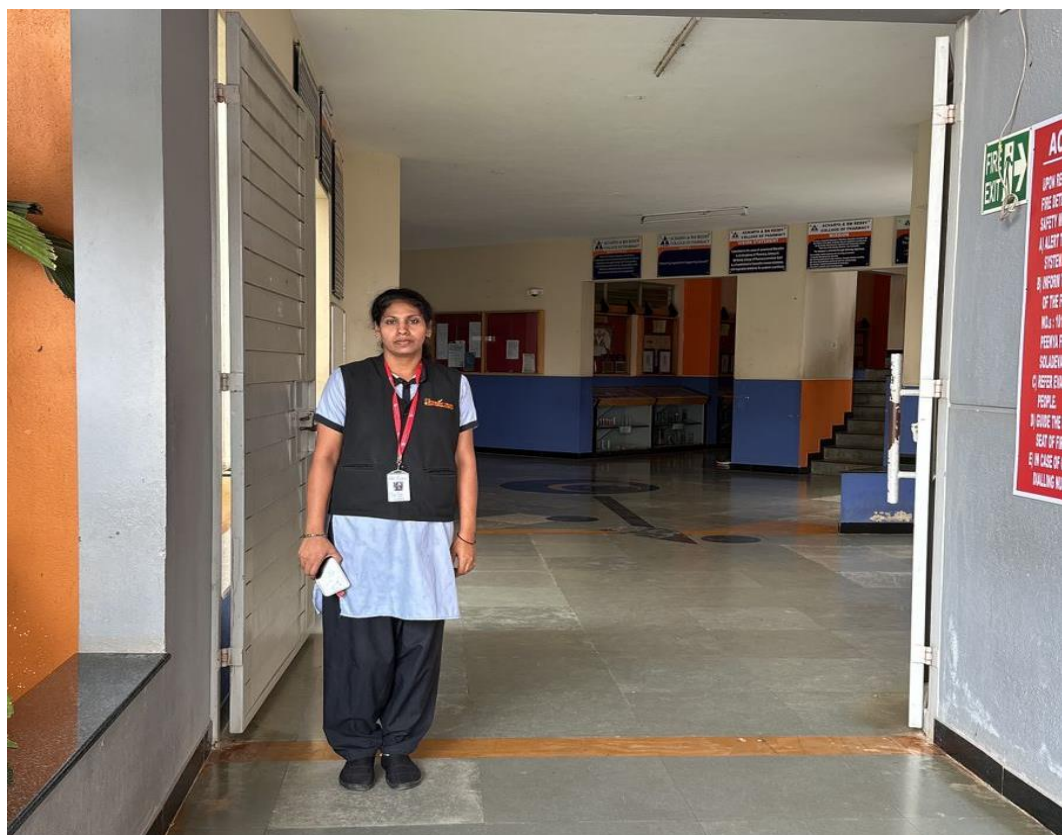
CCTV in Laboratory



CCTV at the College Entrance



CCTV in Staff Room



Female Security Officer at College Entrance



Security at Campus Entrance

List of Fire Extinguishers in College

SL. No.	Facility	No. of Fire Extinguishers
1.	Office & Staff Room	2
2.	Ground Floor	3
3.	First Floor	4
4.	Second Floor	4
5.	Third Floor	3
6.	Library	2

ACTION BY SECURITY	FIRE ORDER IN CASE OF FIRE
<p>UPON RECEIPT OF INFORMATION THROUGH FIRE ALARM OR FIRE DETECTORS OR SPRINKLERS OR BY ANY OTHER SAFETY MEANS,</p> <p>A) ALERT THE OCCUPANTS BY USING PUBLIC ADDRESS SYSTEM.</p> <p>B) INFORM THE FIRE CONTROL ROOM THROUGH ANY ONE OF THE FOLLOWING PHONE NO.s : 101 / 22971500 / 22971550 / 22971600 PEENYA FIRE STATION NO :- 080 - 22971545 SOLADEVANAHALLI POLICE STATION NO :- 080 - 97277797</p> <p>C) REFER EVACUATION PLAN FROM EVACUATING STANDARD PEOPLE.</p> <p>D) GUIDE THE FIRE FORCE ON THEIR ARRIVAL TO THE SEAT OF FIRE.</p> <p>E) IN CASE OF CASUALTIES, CALL AMBULANCE BY DIALLING NUMBER : 102 / 108</p>	<p>A) ALERT THE SECURITY AT SECURITY ROOM BY ACTUATING MANUAL CALL POINT LOCATED AT STRATEGIC LOCATIONS.</p> <p>B) EVACUATE THE OCCUPANTS BY USING THE FIRE EXITS AND EMERGENCY EXITS ONLY AND ASSEMBLE AT VARIOUS ASSEMBLY POINTS.</p> <p>C) IF POSSIBLE TRY TO EXTINGUISH THE FIRE BY USING PORTABLE EXTINGUISHER OR WATER FROM NEAREST WET RISER.</p> <p>D) BE CALM AND DO NOT GIVE ANY ROOM FOR PANIC. WALK, DO NOT RUN.</p> <p>E) IF YOU ENCOUNTER SERIOUS DIFFICULTY IN EVACUATION, STAY IN YOUR OFFICE / FLAT / ROOM AND TRY TO ATTRACT ATTENTION OF RESCUE TEAM</p>

Fire Order in College



Fire Extinguisher in Ground Floor



Fire Extinguisher in First Floor



Fire Extinguisher in Laboratory



Fire Extinguisher in Second Floor



Health

Health:

The health of staff and student is the utmost important things in the list of institutional infrastructure. There is total 9 common rooms as shown in table below and there is an availability of Clinic and ambulance for any unforeseen emergencies as shown in figure 20 - 22.

List of Common Rooms

Sl. No.	Category	No. of Rooms
1.	Girls	4
2.	Boys	4
3.	Disabled friendly	2
4.	Total	9

**Ambulance in the Campus**



Inside the Clinic



Clinic in the Campus



Vaccination Drive Conducted for the Faculty of ABMRCP



National / International Commemorative Days



National / International Commemorative Days/ Festivals Celebrated in ABMRCP:

Sl.No.	Name of the activity	Activity date	Duration in days
1.	World Earth Day Celebration	25/04/2022	1
2.	World Book & Copy Right Day	23/04/2022	1
3.	World Health Day	07/04/2022	1
4.	World Cancer Day	04/02/2022	1
5.	World Cancer Day – Quiz Competition	04/02/2022	1
6.	World Mental Health Day	23/10/2021	1
7.	60 th National Pharmacy Week Celebrations 2021	21/10/2021 – 27/10/2021	7
8.	World Heart Day	30/09/2021	1
9.	World Yoga Day 2021	29/09/2021	1
10.	World Alzheimer's Day 2021	21/09/2021	1
11.	National Librarians Day	12/08/2021	1
12.	World Hepatitis Day 2021	28/07/2021	1
13.	World Pharmacist Day 2021	25/07/2021	1
14.	World No Tobacco Day	31/05/2021	1
15.	World Malaria Day 2021 in Association with RGUHS, Bengaluru	26/04/2021	1
16.	World Haemophilia Day 2021	17/04/2021	1
17.	World Health Day	07/04/2021	1
18.	World Autism Day	02/04/2021	1
19.	National Vaccination Day 2021	20/03/2021	1
20.	World Kidney Day	11/03/2021	1
21.	Darwin's Day: World Evolution	12/02/2021	1
22.	World Diabetes Day	14/11/2020	1
23.	World Haemophilia Day	17/04/2020	1
24.	International Human Rights Day	06/12/2019	1
25.	World Diabetes Day	14/11/2019	1
26.	World Hepatitis Day	28/07/2019	1
27.	International Yoga Day	21/06/2019	1
28.	World Cancer Day	04/02/2019	1



29.	World AIDS Day in Association with IPA Peenya Branch	01/12/2018	1
30.	World COPD Day in Association with IPA Peenya Branch	15/11/2018	1
31.	World Diabetes Day in Association with IPA Peenya Branch	14/11/2018	1
32.	World Obesity Day in Association with IPA Peenya Branch	11/10/2018	1
33.	World Mental Health Day in Association with IPA Peenya Branch	10/10/2018	1
34.	World Earth Day	29/09/2018	1
35.	World Pharmacist Day in Association with IPA Peenya Branch	24/09/2018	1
36.	World Alzheimer's Day in Association with IPA Peenya Branch	21/09/2018	1
37.	World Marrow Donars Day in Association with DATRI	17/12/2018	1
38.	International Yoga Day in Association with IPA Peenya Branch	21/06/2018	1
39.	World Environment Day	05/06/2018	1
40.	World Cancer Day in Association with IPA Peenya Branch	07/02/2018	1
41.	56 th National Pharmacy Week – World Diabetes Day in Collaboration with IPA Peenya Branch	19/11/2017	1
42.	World Pharmacist Day in Association with ESIC Pharmacist and IPA Peenya Branch	25/09/2017	1
43.	World Mental Health Day	22/09/2017	1
44.	World Alzheimer's Day	21/09/2017	1
45.	World Population Day in Association with IPA Peenya Branch	11/07/2017	1
46.	International Yoga Day	21/6/2017	1

WORLD EARTH DAY CELEBRATION

World Earth Day was Celebrated on 25 April 2022, Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States and on either April 22 or the day the spring equinox occurs throughout the rest of the world. Environmental activism during the 1960s inspired Wisconsin Sen. Gaylord Nelson to create a national celebration uniting the environmental movement. With the help of Denis Hayes, a graduate student at Harvard University. Nelson organized the first Earth Day on April 22, 1970, educating participants in the importance of environmental conservation. Attended by 20 million people across the United States, the event strengthened support for legislation such as the Clean Air Act (updated in 1970) and the Endangered Species Act (1973). In 1990, Hayes organized a global Earth Day.



ABMRCP Staff Participating in World Earth Day

WORLD BOOK AND COPYRIGHT DAY

World Book and Copyright Day was celebrated 23 April 2022, To Observe the WORLD BOOK AND COPYRIGHT DAY. Library Committee of ABMRCP organized the Book Exhibitions on 23rd of April 2022. 165 Members of ABMRCP visited Book Exhibitions around 5 students purchased books for their personal use and faculties recommended 15 titles for library to procurement. World Book and Copyright Day 2022: It is also known as World Book Day, and is observed every year on April 23 to spread awareness about the benefits of reading books.



Students participating on World Book and Copyright Day

WORLD HEALTH DAY

World Health Day 2021 celebrated every year on April 7 to recognize the widespread contributions of our medical faculty and the success of the World Health Organization. Each year, the World Health Organisation (WHO) selects a theme highlighting a particular priority area of public health. The theme for this year's global health awareness day is Building a fairer, healthier world. The campaign highlights WHO's constitutional principle that "the enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.



Students Participating on World Health Day

WORLD CANCER DAY

World Cancer Day was celebrated on 4th February 2022. Common cancer types in Indian population was highlighted by the speaker, mostly Breast cancer among the female. Awareness about smoking cessation, tobacco use, and alcohol use was insisted by the speaker to be promoted which are risk factor for most of head and neck cancer and colon cancer. Breast cancer and esophageal cancer and cancer related to GI tract can be associated to obesity and awareness for weight reduction was also highlighted. Early detection by conducting screening camp and the most commonly used treatment modalities were also explained. The session was very interactive with participants clarifying many of their doubts from the speaker. Overall, the session emphasized the theme of this year about early detection and helping the society with awareness about modifiable risks related to cancer and helping all walks of life and people of the society. The quiz was responded by 87 participants with a median score of 11/15 points. A good response was seen among the participants. This good response for the event signifies the awareness created among the participants which when disseminated among the public will be a good step taken in identifying the risk factors and emphasizing early screening for detection of cancer at earlier stages, so as to prevent complications and closing the care gap and providing treatment to all types of people.



Students and Staff of ABMRCP Attending Webinar on Cancer

WORLD MENTAL HEALTH DAY 2021

World Mental Health Day was celebrated on 10th of October 2021, we will be inviting you to join a new campaign to build a fairer, healthier world. We'll be posting more details here shortly, but here's why we're doing this: Our world is an unequal one.

As COVID-19 has highlighted, some people are able to live healthier lives and have better access to health services than others entirely due to the conditions in which they are born, grow, live, work and age. All over the world.

Health is not just about physical well-being but also about the mental and social aspects. A person is said to be healthy if he/she possesses all three. According to the WHO, health is central to human happiness and well-being. It also makes an important contribution to economic progress, as healthy populations live longer and are more productive. Millions of people around the world are prey to many terrible diseases. Therefore, to raise awareness about the overall health and well-being of people across the globe every year World Mental Health Day is celebrated.



Students Participating on World Mental Health Day

60th NATIONAL PHARMACY WEEK CELEBRATIONS 2021

IPA celebrated National Pharmacy Week every year during the 3rd week of November with a specific theme. The theme selected for this year was “Pharmacist-An integral part of Health Care”

Day 1: 21st November-Online Inauguration of the event was done by Dr. Premanth, Shenoy, followed by a guest speech by Mr. Senthil Kumar.

Day 2: 22nd November-Guest talk by Dr. Karthikeyan on NPW theme, followed by "ME Story" by Devananda Thakur. They emphasized the various roles and responsibilities of Pharmacist.

Day 3: Guest talk by "Sri Bhagavan" He spoke about the knowledge and attitude to be developed by the pharmacist to develop cordial relationships with other healthcare professionals. A poster presentation was conducted in the afternoon and the best poster was awarded.

Day 4: Outreach program with Diabetes screening camp in collaboration with Novonordisk.

Day 5: Guest talk by Mr. Samson Deputy Registrar KSPC. Detailed about registration process for qualified pharmacist and Elocution competition.

Day 6 Health camp in collaboration with Prakrihu Hospital. Community activity-awareness about safe of prescription and nonprescription drugs.

Day 7: Valedictory function - Guest talk by Dr. Shoba Rani. Certificate awarded to winners of Poster and Elocution competition.



Staff and Students Participating in National Pharmacy Week

WORLD HEART DAY

As part of WORLD HEART DAY 2021, Poster Presentation Competition was organized by Department of Pharmacy Practice in association with NSS unit and IPA Peenya branch for students of ABMRCP. 35 students in groups have participated in the event themed 'Use Heart to Connect' which was arranged on the ground floor of college. Dr. Selvakumar, Dr. Joysa Ruby and Ms. Tisa Francis analyzed the presentation and declared the winners. Participants expressed their views about their creativity to the faculty members.



Students of ABMRCP Participating in Poster Presentation

WORLD YOGA DAY 2021

QAs part of WORLD HEART DAY 2021, Lecture & Demonstration on 'Happy Beats Yoga for Heart' by Dr. Madhavi BLR (Asst. Professor, ABMRCP) was organized by the Department of Pharmacy Practice in association with NSS unit and IPA Peenya branch, Bengaluru on 29.09.2021. Students of 1st year (2021-22), Principal, Class teachers of 1st year and NSS coordinator, student volunteers participated in the event. There was a detailed lecture about various yoga techniques that are beneficial for heart health, along with demonstration of various techniques by the instructor. The session lasted for an hour and was concluded by the Principal.



Staff and Students Participating in Performing Yoga

WORLD ALZHEIMER'S DAY 2021

This year's theme for World Alzheimer's Day is "Know Dementia, Know Alzheimer's" To create awareness about the disease, early diagnosis and management. Humans are blessed with one such power that makes them unique among other living beings which is nothing but Memory. To remember is a blessing and its hard that if we forget even our beloved ones and to add to that a disease that leads to this condition is yet another hard fact to get ourself digested the day was celebrated by conducted elocution on 21st September 2021.

Topics of Elocution:

1. Alzheimer's Diseases - Importance of early diagnosis
2. Dementia Scenario in India - Challenges and the way forward
3. Disease burden of dementia and diagnostic challenges in the community

Five students participated. Judges for the event were Dr. Ekta Singh, Dr. Lakshmeesha CS and Dr. Vaishnavi Prasannan



Students Participating in Elocution

NATIONAL LIBRARIAN'S DAY 2021

National Librarian's Day was celebrated on 12th Aug 2022, to let people, know the importance of National Librarian Day in remembrance of Dr. S.R Ranganathan. The objectives of a public library are associated is to make it possible for any individual to make use of the library which is a storehouse house of books. It also provides various other sources of information for reading. It is not possible for an individual to have such a wide collection of books at home. One can get access to diverse genres of books and other resources in the library. It helps to act the need to buy expensive books and resources without spending. If there were no libraries many students who love to read would have been deprived of reading mostly due to financial difficulties.



Students Participating in National Librarians Day at ABMRCP

WORLD HEPATITIS DAY 2021

This event was conducted on 28th July 2021. This year's theme is "Hepatitis can't wait", conveying the urgency of efforts needed to eliminate hepatitis as a public health threat by 2030. Every year, World Hepatitis Day is celebrated on July 28 to create awareness and educate people about the effect of viral hepatitis, which can cause liver inflammation leading to severe liver-related ailments and liver cancer. These days, a team of WHO, expert scientists and policymakers of a few countries are dealing with the upsurge of anonymous acute hepatitis and putting their efforts into understanding the cause of this infection, which is affecting mainly children. There are indications that this infection is not due to the existing five known hepatitis viruses (A, B, C, D and E). Students of D Pharm, B Pharm, Pharm D, Pharm D PB & M Pharm have actively participated in the quiz and e- certificates were given to all participants upon successful completion. Faculty members of Pharmacy Practice members were the coordinators of the program.

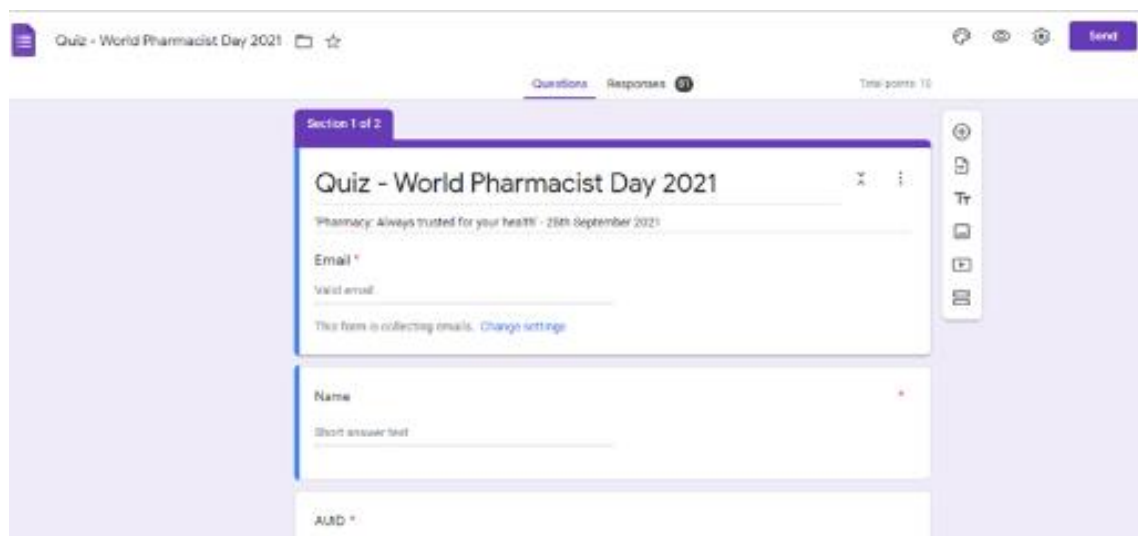


Students Participating in e-Quiz on World Hepatitis Day

WORLD PHARMACIST DAY 2021

As part of WORLD PHARMACIST DAY 2021, Department of Pharmacy Practice in association with NSS unit and IPA Peenya branch has conducted various events for students of ABMRCP.

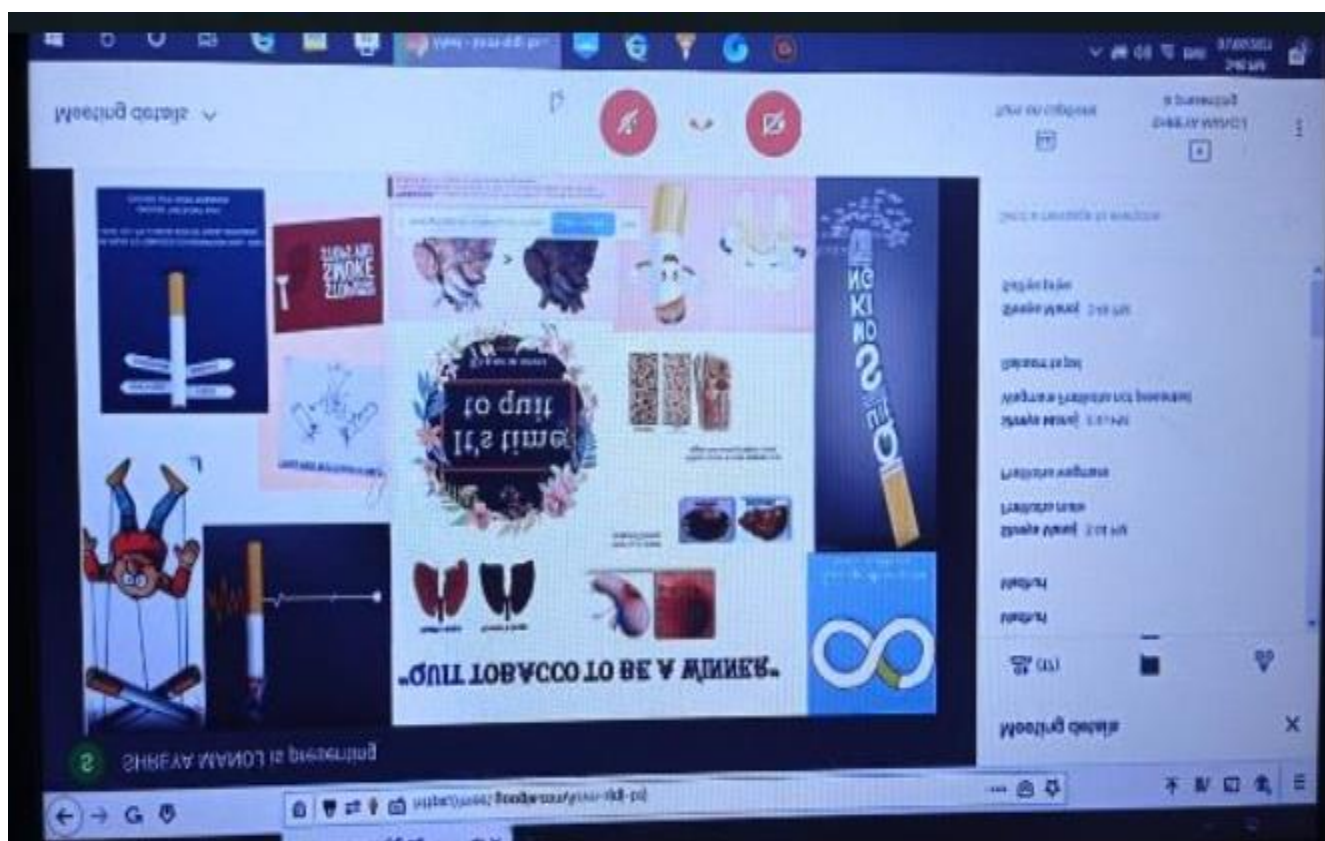
1. E Quiz: 81 students have participated in the event and all the students were provided with 'Certificate
2. Cartoon Competition: Based on the theme 'Pharmacy: Always trusted for your Health', students were instructed to draw cartoons. All participants were provided with an E Certificate. Cartoons by Mr. Vinuth (V Pharm D). Mr. Gaurav (II B Pharm) and Mr. Rajakumar Sah (II B Pharm) was selected as best works and displayed on the college notice board. Dr. Ranjith M., Dr. BLR Madhavi & Dr. Ambujakshi were the judges.



Students of ABMRCP Participating in Quiz and Cartoon Competition

WORLD NO TOBACCO DAY

World No Tobacco Day was celebrated on 31 May 2021. On May 31 of each year, countries all over the world come together to observe World No Tobacco Day in an effort to raise awareness about the harmful effects of tobacco use. Tobacco use ranks among the world's leading causes of death. Despite progress in reducing tobacco use, especially in high-income countries such as the United States, the global death toll is still enormous. The World Health Organization (WHO) estimates that more than 8 million deaths per year are attributed to tobacco use, including more than 1.2 million deaths among non-smokers exposed to second-hand smoke. Because tobacco is a leading cause of cancer mortality, strong implementation of effective tobacco control measures is critical to reducing the global cancer burden. The WHO established World No Tobacco Day, celebrated each year on May 31, to raise awareness of the extraordinary health hazards of tobacco use.



Students Participating on World No Tobacco Day



WORLD MALARIA DAY 2021

Awareness about World Malaria Day was done by conducting a Quiz in Google form on 26th April 2021. Around 78 students and faculties of the college took part in the event. An e-certificate was given to all the participants. World Malaria Day is an occasion to highlight the need for continued investment and sustained political commitment for malaria prevention and control. It was instituted by WHO Member States during the World Health Assembly of 2007. The theme of this year's world malaria day is "Reaching the zero-malaria target".

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Students of ABMRCP Participating in Quiz

WORLD HAEMOPHILIA DAY 2021

World haemophilia day was conducted on 17th April 2021. Students of Pharm D and M Pharm actively participated in the quiz event. 13 teams with 3 members in each team participated. The competition was held in 3 rounds. Each round consisted of 10 questions with extra 4 questions as tie breaker. After two rounds of knock down, 3 teams were announced as winners of the Quiz. All participants and winners were given e-certificates. The program ended with photo session with the winners and volunteers of the event.



Students of ABMRCP Participating in Quiz



WORLD HEALTH DAY 2021

World health day was celebrated on 07th April 2021. A healthy society is crucial in the face of the immense challenges posed by the climate crisis and other environmental causes. With more than a million deaths worldwide attributed to these issues, it is evident that urgent action is required. World Health Day 2021 emphasized the need for leaders to address health inequalities and their underlying causes. Access to quality health services and favourable living and working conditions for all individuals are essential for good health. Investing in primary healthcare is crucial to achieving health for all and building resilience for the future. Inequities stemming from poverty, unemployment, gender disparities, environmental challenges, and the recent COVID-19 pandemic contribute to the provision of inadequate services, impacting communities' well-being. The conditions in which individuals are born, grow, live, work, and age greatly influence their health outcomes. Socioeconomic disparities lead to suffering, avoidable illnesses, premature death, and negative impacts on societies and economies worldwide.

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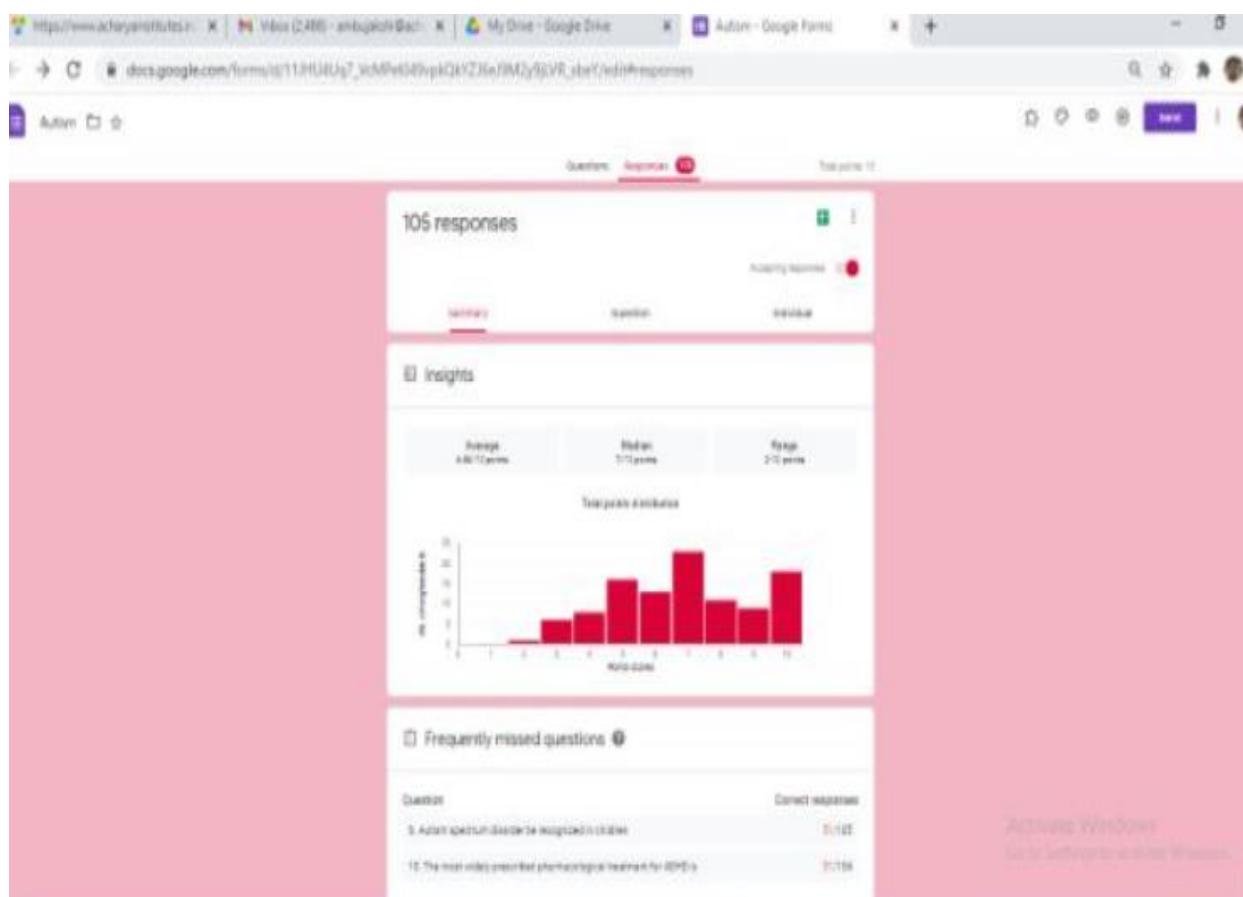
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Students of ABMRCP Participating in World Health Day

WORLD AUTISM DAY

World Autism Day was celebrated on 2 April 2021, Every April Autism Speaks celebrates World Autism Month, beginning with the United Nations- sanctioned World Autism Awareness Day on April 2. This year marks the 15th annual World Autism Awareness Day.

Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism, fostering worldwide support. This year, we are committed to creating a world where all people with autism can reach their full potential. The infinite symbol was developed with the aid of proponents of neurodiversity and can be used anywhere, at any time. Over the past decade, major progress has been made towards increasing access to education generally, as well as for persons with autism specifically.



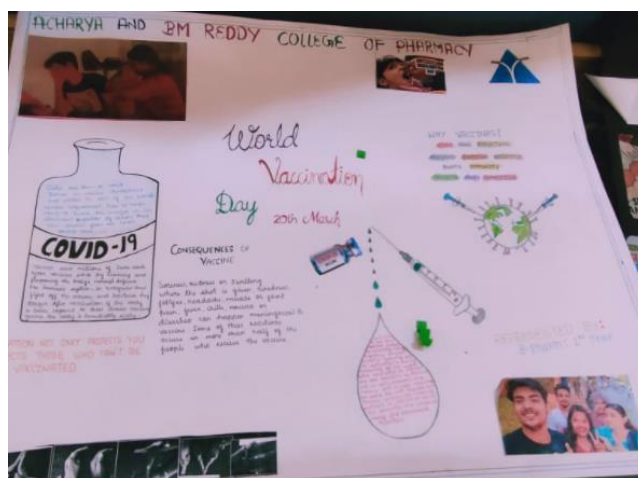
Responses From Students on World Autism Day

NATIONAL VACCINATION DAY 2021

National vaccination day was celebrated on 20th March 2021. Quiz Competition was organized on the theme; "Development of vaccines - then and now, where 20 groups have participated in two rounds (Prelims & Mains). Students from 1st PharmD were the winners of the event. Dr. Arun Chandran R was the faculty coordinator, Ms. Ansu, Ms. Carol, Mr. Levin Koshy were the student coordinators. The winners were given E certificates.

Leaflet Preparation Competition was conducted on the theme of vaccines and 5 groups have participated in the same. Dr. Arun Chandran R was the faculty coordinator and Ms. Tisha and Mr. Durgesh from 1st PharmD were the student coordinators. 2nd Pharm D students were announced as winners and given E certificates for 1st and 2nd runners-up.

Students of 1st Pharm D and 1st B Pharm exhibited posters on importance of Vaccination in College corridor.



Students of ABMRCP Participating in Quiz Competition and Leaflet Preparation Competition

WORLD KIDNEY DAY 2021

World kidney day was celebrated on 20th march 2021. Guest talk by Dr. Bijoy Laxmi Mukerjee (MBBS Intern, Oxford Medical College & Hospital, Bengaluru) on the topic Living with Kidney stones - Challenges and Remedies for staff and students. Ms. Payel Pramanick was the faculty coordinator and from student's side, Mr. Prasanth & Mr. Dhanush of 3rd Pharm D provided their assistance for smooth conduct of the program. The talk was conducted through online and E certificated were provided for all the registered participants.

Model Exhibition Competition was conducted for the students and 3 groups exhibited their talent related to Physiology of Kidney. Ms. Srujana, Ms. Janani & Ms. Shakthi were winners. Dr. Vaishnavi Prasannan was the faculty coordinator and Mr. Prajwal, Ms. Shruthi were student coordinator. E Certificates were given to the winners.

Oral Presentation Competition was conducted in Lecture Hall 2 on the theme of World Kidney day 2021 and were awarded as winners. Dr. Malini M Nair was the faculty coordinator and Mr. George and Ms. Anjana from 5 Pharm D were the student coordinators. E Certificates were given to the winners



Students of ABMRCP Participating in Model Exhibition Competition Oral Presentation Competition

WORLD DARWIN'S DAY: WORLD EVOLUTION

World Darwin's Day was celebrated on 12 February 2021, we celebrate Charles Darwin's work and science in general. Take the extra time to learn about his experiments, findings, and accomplishments, and reflect on how they still affect us today. The discovery of evolutionary creation has led scientists across multiple fields to make life-altering and life-saving discoveries about our species and how we originated. There's a lot to be grateful about for Darwin and his research! On this day let us tell you about contests and challenges multinational corporations do around the year to support students with funds they need towards tuitions, find your resources for scholarships on Scholaroo.



Students Participating on World Darwins Day

WORLD DIABETES DAY

World Diabetes Day was celebrated on 14 November 2020, It was created in 1991 by the International Diabetes Federation (IDE) and the World Health Organization (WHO) in response to growing concerns about the increasing health threat posed by diabetes. World Diabetes Day is an official United Nations Day since 2006 with the world's largest diabetes awareness campaign in more than 160 countries. The World Diabetes Day 2020 campaign focuses on promoting the role of nurses in the prevention and management of diabetes. As the number of people with diabetes continues to rise globally, the role of health professional and nurses become more crucial in the initial assessment, management and care of people with diabetes.



Diabetes Screening on World Diabetes Day

WORLD HAEMOPHILIA DAY

World Haemophilia Day was celebrated on 17 April 2020, In a bid to raise awareness about the bleeding disorder and to bring it to the attention of policy makers April 17 is celebrated every year as World Haemophilia Day. This year, the theme of the day has been kept as Access for All: Partnership. Policy. Progress, Engaging your government, integrating inherited bleeding disorders into national policy. The aim is to sensitize people and governments on the disease and achieve better diagnosis by providing people with access to healthcare

Haemophilia is a hereditary disorder that causes prolonged bleeding after injury or surgery and severe swelling of the joints, either after damage or without injury and is usually an inherited bleeding disorder in which the blood does not clot properly. This can lead to spontaneous bleeding as well as bleeding following injuries or surgery. Blood contains many proteins called clotting factors that can help to stop bleeding. Haemophilia is an X-linked illness that affects around 1 in 10000 male births, whereas women are known to be as haemophilia carriers.



Students Participating on World Haemophilia Day

INTERNATIONAL HUMAN RIGHTS DAY

International Human Rights Day was celebrated on 6 December 2019 Dr. Giles D and Mr. Binai Shankar organized the awareness program about the human rights among the people. Mr. Binai Shankar and Dr. Giles D discussed and planned to conduct the debate and Quiz competition on International Human Right Day, There were 04 students from B. Pharm, and Pharm. D. were participated in Debate and 15 students were participated in pick and talk event. Students participated in the com-petition with utmost enthusiasm and energy. The competition was judged by Dr. Gurubaswaraja Swamy, Affairs to ensure the fair judgment of the performance. It was really hard for the judges to decide the winners. To promote awareness about human rights among the people and help them to understand the importance of human rights and its core principles, International Human Rights Day is observed each year on December 10th



Quiz on International Human Rights Day

WORLD DIABETES DAY

World Diabetes Day was celebrated on 14 November 2019. Globally, an estimated 122 million adults were living with diabetes in 2014, compared to 108 million in 1980. The global prevalence of diabetes nearly doubled since 1980, rising from 4.7% to 8.5% in the adult population. This reflects an increase in associated risk factors such as being overweight or obese. Over the past decade, diabetes prevalence has risen faster in low and middle-income countries than in high-income countries.

Diabetes is a major cause of blindness, kidney failure, heart attack, stroke and lower limb amputation. Healthy diet, physical activity and avoiding tobacco use can prevent or delay type 2 diabetes. In addition diabetes can be treated and its consequences avoided or delayed with medication, regular screening and treatment for complications.

In 2007 General Assembly adopted resolution 61/225 designating 14 November as World Diabetes Day. The document recognized "the urgent need to pursue multilateral efforts to promote and improve human health, and provide access to treatment and health-care education."



Students on World Diabetes Day

WORLD HEPATITIS DAY

World Hepatitis Day was celebrated on 28th July 2019 at Acharya & BM Reddy College of Pharmacy, in association with Indian Pharmaceutical Association Peenya Branch. a Powerpoint presentation contest was conducted on the occasion of World Hepatitis Day for all the students on Monday, 29th July 2019 in the college premises from 3.30 -5.30 pm. The topic for presentation was “Finding The Missing Millions”. Dr Geeta Jayaprakash, Dr Prabhu and Dr Vaishnavi kindly consented to be the judges for the event. Thirteen students participated in this contest. The students not only presented the slides but when questions were raised by the evaluators they answered well which made the presentations interesting.



Students Participating in World Hepatitis Day

INTERNATIONAL YOGA DAY

International Yoga Day was celebrated on 21st June 2019 Acharya & BM Reddy College of Pharmacy. It was celebrated by conducting a 90 minutes Yoga Practice session. The event started at 9.30 AM, with volunteers from Isha Foundation and our college arranging an amicable situation for the smooth conduction of the session. Over 50 participants, both staff and students went through the session with easy- to – practice yet potent tools to enhance health, joy, peace, love, success and inner exploration. Invigorating physical postures, breathing methods, Nada Yoga and Meditation were guided by the volunteers to the participants. In the afternoon session, from 2.30 to 4.30 pm. Volunteers from Art of Living, gave some insight about the origin of Yoga, the connection between Body, breath and Mind that leads to union and how it can be nurtured through Yoga Practices.



Staff and Students Participating in Performing Yoga

WORLD CANCER DAY

World Cancer Day was celebrated on 4 February 2019 at ABMRCP From 4:00 PM to 5:00 PM in Main Auditorium, Acharya Campus, on this event seminar was conducted on the topic “Awareness About Cancer and Stem Cell Transplantation” by guest lecture Mr. Shrinivas DATRI organization. The speaker, Mr. Shrinivas, is a member of DATRI (meaning donor in Sanskrit). He joined 5 years back it is a non-profit organization registered in 2009 as a section and company under the government of India. DATRI is the nation’s largest unrelated blood stem cell donor’s registry. DATRI help patients with blood cancer and other fatal blood disorders to find an HLA [Human Leukocyte Antigen] matched donor to undergo blood stem cell transplant. The main objective of the guest lecture was to spread awareness about helping cancer patients by donating stem cells through one and only DATRI, a non-profit organization. Mr. Srinivas highlighted the need of stem cell transplantation to save cancer patients.



Seminar conducted on World Cancer Day

WORLD AIDS DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

World AIDS Day was celebrated on Acharya & BM Reddy College of Pharmacy in Bengaluru, in association with IPA, Peenya Branch, organized an awareness program on AIDS on December 1, 2018, to commemorate World AIDS Day. The event involved students actively participating in the distribution of 8,000 male condoms to the public at Bengaluru Nelamangala Tool Gate, aiming to reduce the impact of HIV. World AIDS Day has been observed since 1988 to raise awareness about the AIDS pandemic caused by HIV and to remember those who have lost their lives to the disease. The theme for World AIDS Day 2018 was "Know Your Status," emphasizing the importance of HIV testing and awareness.

Antiretroviral therapy (ART) is the treatment for HIV and involves taking a combination of HIV medications daily. While ART cannot cure HIV, it helps people with HIV live longer and healthier lives. It also significantly reduces the likelihood of HIV transmission. Although HIV medications may have side effects, the benefits of treatment outweigh the potential risks. HIV is primarily transmitted through unprotected sexual contact, contaminated blood transfusions, the use of contaminated needles, and from mother to child during pregnancy, delivery, or breastfeeding. Effective treatment and prevention methods, such as safe sexual practices and needle exchange programs, can help reduce the spread of HIV.



Students Participating on World AIDS Day

WORLD COPD DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

Marking the World COPD Day 2018 Acharya & BM Reddy College of Pharmacy in association with IPA, Peenya Branch, conducted poster presentation contest for all the students from 3.00 pm to 5.00 pm on 15 November 2018 in the college premises. The theme for the contest was "NEVER TOO EARLY NEVER TOO LATE". 17 teams from various pharmacy programs like B Pharm, Pharm D and M. Pharm. participated in the events. The contestants were evaluated on the basis of poster design, content and the presentation skills of the students. Dr Geeta, Dr Joysa and Dr Prabhu have been the judges for the event. The team from IV BPharm- Kundan Verma, Bibas- won the competition Chronic obstructive pulmonary disease (also known as COPD) is a disease that can be prevented and treated; it is also a disease that causes shortness of breath, coughing, and chronic sputum production. There are currently 251 million cases of COPD in the world. COPD is currently the third leading cause of death on a global scale, and it is extremely widespread in countries with limited resources.



Students Participating on World COPD Day

WORLD DIABETES DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

Acharya & BM Reddy college of Pharmacy in association with IPA Peenya Branch organized a Diabetic awareness program on 14/11/2018. The event was inaugurated by Dr. Manjunatha PM, Secretary, IPA Karnataka state Branch and Dr. Surendra V, Secretary, IPA Peenya Branch, and Dr. Uday Raj Sharma. This event was conducted to create awareness among the attenders and supporting staff of Acharya Institutes about Diabetes as well as to make people know as to how it can be prevented. More than 100 people were screened for diabetes and advised to be on diet control and importance of physical activity. The event was coordinated by Dr. Rajesh.R and Dr. Venkatesh DP of ABMRCP under the guidance and support of Dr. Divakar Goli, which made the event grand success. As a part of World Diabetes Day on 14 November 2018, Acharya and BM Reddy College in Association with IPA Peenya Branch conducted Poster presentation on the theme "Pharmacist Your Caring Partner" B. Pharm students of Acharya and BM Reddy College of Pharmacy participated for the event. Total 39 students were actively participated. Three judges named Dr. Geetha Jayaprakash, Prof. Nikhil and Dr. Sajeev Kumar Evaluated the poster. Based on the consolidated result, announced the first prize for the Team no: 03 (Team members: Ms. Geetha S, Ms. Athmika and Ms. Miriyam). Hon. General Secretary Dr. Manjunath PM and Secretary of IPA Peenya branch Dr. Surendra distributed the prize for the winners. Participation certificates were distributed to the rest of the students. Successfully created awareness among stu- dents group about Diabetes.

Staff Co-ordinators: Dr. Venkatesh D.P and Dr. Rajesh R.

Students Co-ordinators: Ms. Sangeetha and Ms. Umme hani



Students Participating on World Diabetes Day

WORLD OBESITY DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

World Obesity Day is an annual campaign with the goal of stimulating and supporting practical actions that will help people achieve and maintain a healthy weight and lifestyle. The primary objective of World Obesity Day is to promote and encourage real-world solutions that will lead to a healthy human weight and help people keep that weight at a healthy level.

ABMRCP organized a series of activities to celebrate World Obesity Day. The activities included spreading information about the advantages of eating a healthy diet, maintaining a healthy body weight, exercising regularly and encouraging more people to talk about their own personal experiences with obesity. This activity in particular helped to establish a connection between the World Obesity Day on 2018.

The stigma associated with being overweight is the topic of discussion for this year's World Obesity Day. One of the forms of discrimination that is least tolerated is that of stigma. The concept of challenging weight stigmas and stigmas related to obesity will be at the forefront of the World Obesity Day 2018 celebration.

The means of communication are the primary contributor to the stigma that is attached to being overweight or obese. It is the responsibility of those who have described obesity and being overweight in a certain way to be responsible for reinforcing negative and inaccurate stereotypes regarding body weight. This year, there is a greater emphasis on describing obesity in an informal manner that is accurate and fair to all parties involved.

In its most basic form, the stigma associated with obesity refers to the unfavorable behavior and attitudes directed toward individuals solely on the basis of their weight. The stigma attached to being overweight has the potential to be harmful to people's health in general.



Students Participating on World Diabetes Day

WORLD MENTAL HEALTH DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

Theme: "SAY NO TO STIGMA".

Date: 10 October 2018, 3 PM-5 PM.

Venue: Ground Floor ABMRCP Block, Near Fish Pond.

Judges: Dr. Roopa Karki, Mrs. Geetha Jayaprakash, Dr. Ekta Singh.

Rules and regulations along with brochure of poster competition are made in advance.

Announcement of the program is done by sending a circular to classes with permissions of concerned, and through WhatsApp of Class representatives and teachers. Entries of participation accepted till 12 noon of the day of competition (10 October 2018). The session started by a formal welcome to the judges. With overwhelming joy, energy, and support gained from poster competition, we organized the quiz competition with more ideas and proper planning. The program was organized for whole Acharyans. Announcement is made through Acharya news, with the help of concerned authorities. Entry was restricted to 25 TEAMS (a group of 3 individuals). Enquiries received from 30+ teams. The competition held in TWO ROUNDS.



Students Participating on World Mental Health Day

WORLD EARTH DAY

World Earth Day was celebrated on 29 September 2018, Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States and on either April 22 or the day the spring equinox occurs throughout the rest of the world. Environmental activism during the 1960s inspired Wisconsin Sen. Gaylord Nelson to create a national celebration uniting the environmental movement. With the help of Denis Hayes, a graduate student at Harvard University, Nelson organized the first Earth Day on April 22, 1970, educating participants in the importance of environmental conservation



Celebration on World Earth Day

WORLD PHARMACIST DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

Acharya and BM Reddy College Pharmacy in association with IPA Peenya Branch has celebrated World Pharmacist Day celebration on 24 September 2018, III year B.pharm and III year PharmD students visited the Soladevanahalli village. Hesaraghatta road, Bengaluru. They created awareness about the safe use of medicines as well as they also conveyed the awareness about cleanliness. Students went to door to door and distributed and explained the pamphlets related to safe use of medicines. A seminar was organized on the theme "Pharmacists are your medicine experts".

The First session was by Mr. Gururaj S. Principal of Acharya Pre University College. Dr. Giles, Dean Academic of Acharya & B.M. Reddy College of Pharmacy, welcomed him with a flower bouquet. He highlighted about the Indian statistical details about the health care professional and also highlighted about the issues about over counter distribution of drugs. Dr. Rambabu Kanmal Bang Consultant emergency Physician Group Head-Accident and Emergency was the speaker for the 24 session. He said about the vital role of pharmacist in pharmacological therapies. A rally was organized to mark this occasion. The rally commenced at Chikkabanavara, and was inaugurated by Dr. Surendra, Member secretary of IPA Peenya branch. As part of the rally, students explained about the health to the members of the public and distributed leaflets to highlight the same.

Drug awareness and Patient counseling sessions were also conducted by Pharm D students at ESIC Medical College - PGIMSR & Model Hospital, Rajaji Nagar, Bengaluru.



Students Participating on World Pharmacist Day

WORLD ALZHEIMER'S DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

Acharya & BM Reddy College of Pharmacy, Bengaluru-107, in association with Indian Pharmaceutical Association, Peenya Branch, World Alzheimer's Day was observed on 21 September 2017 in To raise the awareness about Alzheimer's disease and Dementia, a technical poster presentation competition was organized for the students of B. Pharm, Pharm. D and M. Pharm. The theme for the poster presentation was "Remember Me".

Prof. Surendra V, Asst. Professor, Dept of Pharmacology welcomed the gathering and narrated about the significance of poster presentation. The posters presented by the students were displayed in the college premises. The judges of the event were Prof. Jithu Jerin James and Dr. Nawaz Mohammed. Disease symptoms, recent developments in understanding the disease and treatment, causes and risk factors of Alzheimer's disease were the topics addressed during the presentation. Faculty members of the ABMRCP have appreciated and congratulated the students for their presentation. Dr. Sateesha SB Assistant Professor was the coordinator for the event.



Students Participating on World Alzheimer's Day

WORLD MARROW DONOR'S DAY IN ASSOCIATION WITH DATRI-2018

World Marrow Donor's day was celebrated the World over on 15 Sept every year to thank all the donors who registered as volunteer blood stem cell donors and those who were a donor match and came forward and saved lives of people diagnosed with fatal blood disorders.

DATRI is a not-for-profit organization founded in the year 2009 with a mission to save lives of those suffering from life threatening blood disorders like Blood Cancer, Thalassemia, and Aplastic Anemia etc. A blood stem cell transplant from a matched and willing donor can save the lives of such patients. Datri has conducted several awareness and donor registration drives at Acharya & BM Reddy College of pharmacy and initiated by Mr. T. Haribabu is well supported by our respected Principal and campus director Dr. Divakar Goli.

One of our students from II B. Pharm Mr. Sudhir Kumar was a donor match for a patient and he generously came forward and donated his blood stem cells on 10th September 2018 at Narayana Hrudayalaya Super Speciality Hospital in Electronic City, Bangalore after a detailed counseling and able support provided from our Institution.

DATRI felicitated our student donor Mr. Sudhir Kumar on 17/09/2018 on the occasion of World Marrow Donor Day in the august presence of the Director Admissions - Sri. Shalini Reddy, Dr. Gurunath Rao Vaidya, Principal Acharya Institute of Graduate Studies, Dr. Manjunatha PM, Secretary IPA Karnataka State Branch, Dr. Surendra Reddy V, Secretary IPA Peenya Branch graces the Occasion. Bone marrow match is so rare that the likelihood of finding a match for a patient in need of a transplant ranges from 29-79% depending on patient ethnic background. The reason matches are so difficult to find for these patients is simple: their genetic heritage is underrepresented in the registry, which means people sharing a similar lineage or ethnicity have not joined the registry in sufficient numbers.



Student Being a Marrow Donor

INTERNATIONAL YOGA DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

World Yoga Day was celebrated on 21st June 2018 at Acharya & BM Reddy College of Pharmacy. The first International Day of Yoga was observed around the world on June 21 2015. The Ministry of AYUSH made the necessary arrangements in India. While addressing the United Nations in September 2014, Prime Minister Narendra Modi proposed the June 21st date to observe International Yoga Day (IYD) because it is the longest day of the year in the Northern Hemisphere. Tirumalai Krishnamacharya (18 November 1888-28 February 1989) was an Indian yoga teacher, ayurvedic healer and scholar. He is seen as one of the most important gurus of modern yoga, and is often called "the father of modern yoga" for his wide influence on the development of postural yoga. Adding that yoga has become the biggest mass movement "in the quest for good health and wellbeing. India should be honoured to be the "guardians of the great practice." Yoga is beautiful because and it is ancient yet modern, and it is constantly evolving.



Staff and Students Participating on International Yoga Day

WORLD ENVIRONMENT DAY

World Environment Day (WED) is celebrated on the 5th of June 2018, to create awareness and action for protecting the environment. The theme for 2018 is "Beat Plastic Pollution". By choosing this Theme, Acharya & BM Reddy College of Pharmacy is aimed and educated the people residing in college & surroundings to change their everyday lives to reduce the heavy burden of plastic pollution. People should be free from the over-reliance on single-use or disposables, as they have severe environmental consequences. As a part of it ABMRCP staff and students has planted.



Students Participating on World Environment Day

WORLD CANCER DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2018

World Cancer Day was celebrated on 07-02-2018, Acharya & B M Reddy college of Pharmacy in association with Indian Pharmaceutical Association, Peenya organized a poster presentation competition on "We can. I can" the theme of World Cancer Day, explores how everyone together and individually can do their part to reduce the global burden of cancer. The campaign outlines actions that communities and individuals can take to save lives by achieving greater equity in cancer care and making fighting cancer a priority at the highest levels. Various posters were presented in this competition by the students of ABMRCP. A noticeable excitement was witnessed in the event by the student community regarding the cancer and its treatment techniques. The event was sharply focused on the awareness about cancer and its prevention. The posters were judged by Dr.Kanan G.Professor and Dr.Prabhu, Asst.professor, from the Dept.of Pharmacy Practice. The Event was concluded with the code of cancer awareness among the students and also the society through the students.



Students Participating on World Cancer Day

56TH NATIONAL PHARMACY WEEK-WORLD DIABETES DAY IN COLLABORATION WITH IPA PEENYA BRANCH-2017

56th National Pharmacy Week-World Diabetes Day was celebrated on 19-11-2017, 56th national pharmacy week celebration was inaugurated by Dr Manjunath, president of IPA peenya branch and followed by diabetic screen was conducted at S.A.S Medicals, Bengaluru - 73, on 19th November 2017 at 6:30am onwards. Diabetic screening organised by IPA Peenya Branch in Association of Peoples tree and Acharya & BM Reddy College of Pharmacy.

The theme of World Diabetes Day 2017 is Women and diabetes - our right to a healthy future.

Acharya & B M Reddy college of Pharmacy, Bengaluru in Association with Indian Pharmaceutical Association, Peenya Branch conducted Poster presentation competition to create awareness on Diabetes mellitus and its prevention.



Diabetic Screening at ABMRCP

WORLD PHARMACIST DAY IN ASSOCIATION WITH ESIC PHARMACIST AND IPA PEENYA BRANCH-2017

World Pharmacist Day was celebrated on 25-09-2017, The Department of Pharmacy Practice, Association, ESIS Pharmacist Association and the Indian Pharmaceutical Association, Peenya Local branch organized World Pharmacist Day celebrations at ESIC MC PGIMSR & Model Hospital, Rajaji Nagar, Bengaluru on September 25, 2017. The program was inaugurated by Dr Rachita Biswas, Medical Superintendent, ESIC Model Hospital in the presence of Dr. Basavaraj, Deputy Director, ESIS Medical Services, Government of Karnataka, Dr. Padmaja, Deputy Medical Superintendent, ESIC Model Hospital, Dr. Prabhu Das, Store Manager, ESIC Model Hospital OP Pharmacy, and Dr. Renuka Ramaiah, Professor & Head, Department of Obstetrics & Gynecology, ESIC Model Hospital.



Students Participating on World Pharmacist Day

WORLD MENTAL HEALTH DAY

Acharya & BM Reddy College of Pharmacy in association with IPA Peenya Branch, celebrated MIND HEALTH AND STRESS MANAGEMENT FOR WORLD MENTAL HEALTH on 22-8-2017.12.30 pm to 1.15 pm in the college premises. The program was coordinated and hosted by Dr BLR Madhavi. Teaching and administrative staff participated in the event. The members gathered to learn from the video shared by the ministry of AYUSH followed by performing the same. All the staff teaching and administrative, were made aware of a simple five-minute yoga protocol that can be practiced on a regular basis at their workplace in their cabins/ cubicles. This activity would help in their physical and mental well-being. We have all been distracted or unfocused during moments of our yoga practice and have felt our eyes wandering around the room. While it is not harmful to allow your attention and eyes to wander, it certainly is not helpful in increasing your mental focus and concentration. The teaching of yoga sees a direct correlation between an unfocused gaze and an unfocused mind.



Stress Management on World Mental Health Day

WORLD ALZHEIMER'S DAY

World Alzheimer's Day is celebrated on 21 September 2017. On this day, the world concentrates its efforts on creating awareness of Alzheimer's disease. The disease is among the most prevalent forms of dementia; a set of disorders that disrupt mental function. World Alzheimer's Day is the perfect opportunity for us to raise our voices and find new ways of fighting the disease's effects. Alzheimer's is a form of dementia that affects memory and impairs daily function. Acharya & BM Reddy College of Pharmacy, Bengaluru-107, in association with Indian Pharmaceutical Association, Peenya Branch, World Alzheimer's Day was observed on 21st September 2017 in To raise the awareness about Alzheimer's disease and Dementia, a technical poster presentation competition was organized for the students of B. Pharm, Pharm. D and M. Pharm. The theme for the poster presentation was "Remember Me". Prof. Surendra V, Asst. Professor, Dept of Pharmacology welcomed the gathering and narrated about the significance of poster presentation.



Poster Presentation on World Alzheimer's Day

WORLD POPULATION DAY IN ASSOCIATION WITH IPA PEENYA BRANCH-2017

World Population Day was on 11-07-2017, Acharya & BM Reddy College of Pharmacy in association with IPA Peenya Branch, celebrated World Population Day on June 11th and 12th 2017. A poster presentation was organized on the theme, Role of Pharmacists in "Family Planning: Empowering People: Developing Nations". An active participation was seen from all students of B. Pharm and Pharm D. Students displayed their talent by making informative and attractive posters on the theme mentioned, thereby conveying and educating all the fellow students and friends. Ms. Edwina judged the posters and the first Prize was bagged by the II B. Pharm team, second prize by IV B. Pharm team and third by the team from III B. Pharm. It is a human right to have access to safe, voluntary family planning. It is essential to achieving gender equality, empowering women, and eradicating poverty



Students Participating on World Population Day

INTERNATIONAL YOGA DAY

International Yoga Day was celebrated on 21 June 2019, Event marking the International Yoga Day 2017 was organized by the NSS committee and the staff welfare committee of ABMRCP in association with IPA Peenya Branch. The morning session from 9.00 AM to 10.00 AM, the participants performed Yogasanas under the instructions of the NCC officer Mr. Subramanyam, he explained about the narration of the asana and its impact while the participants were performing. Faculty members and students came on empty stomach and participated in the event. All were provided with lime juice after completion of event. Today, on International Yoga Day, we celebrate the diversity of yoga practices, their continued relevance to modern health, and the growing impact they can have in our lives. A yoga class is an exercise that helps in overall body fitness. It helps in strengthening the core muscles mechanism and develops flexibility of your body. One needs to exert a lot of energy during this exercise. But here comes a benefit with it, you can relieve stress and make yourself relax by practicing yoga.



Talk on International Yoga Day